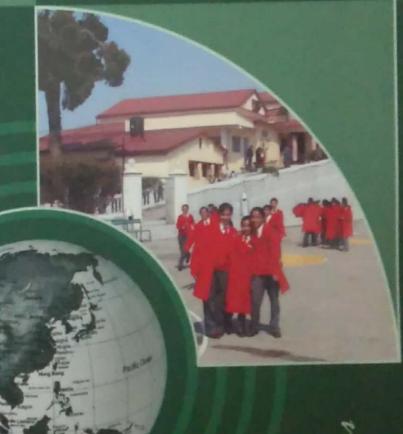


WAVERLEY





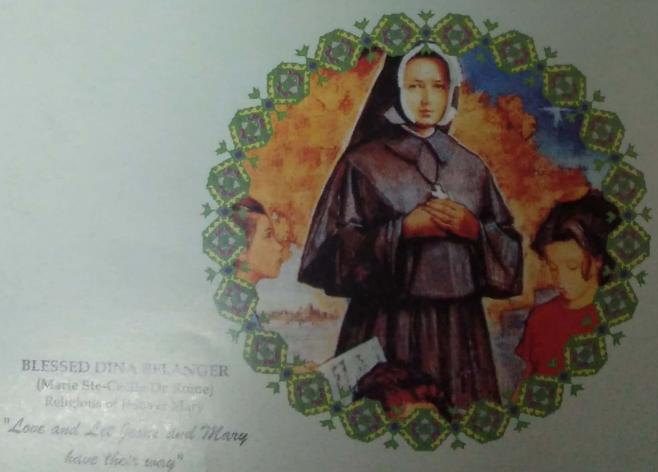
Nurturing Early Winter



SAINT CLAUDINE THEVENET

(Mary St. Ignatius)
Foundress of the Congregation of the
Religious of Jesus & Mary

"How Good God is!"





From the Principal ...

Dear parents and friends of Waverley,

When I visualize the students whom we are grooming I see in them great social workers, doctors, engineers and political leaders. It is the vision and mission of CJM Waverley to develop enlightened citizens for the nation through good educational practices. Following the pedagogy of our Mother Foundress St. Claudine Thevenet, we endeavour to help the student to acquire total integrated personality through her spiritual, moral, physical, intellectual, aesthetic, cultural and social formation.

Parents must also invest time to generate positive feelings opinions and health awareness so that their children can carry the same attitude. The school imparts spiritual wellness by imparting a set of values or beliefs that give meaning or purpose to life. The students are encouraged to utilize the blessing of their education for the benefit of the less privileged.

I thank God for his divine assistance in all our curricular and cocurricular activities and making this year a successful one. I thank the parents for their valuable help and encouragement during this academic year. I thank the teaching and non teaching staff and helpers for their hardwork and cooperation for the smooth functioning of the school.

May God Bless you always.

Sr. Anita Mathew





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Art Gallery



From the Editor

As you rise to face the dawn of a brighter new year you are filled with renewed hope higher aspirations and bigger goals. You look forward to carving a new set of impressions on a clean slate.

We continue to cherish the memory of our achievements and many of you have penned down your feelings.

 $Throughout the \, activities, trips, competitions \, and \, the \, days \, celebrated \, the \, key \, element \, is \, Togetherness.$

 $\label{the complex to the Together we can achieve. Equip yourself with the 4Ps necessary for accomplishment.$

Plan purese fully

Prepare tinently

Proceed to dtively

Pursue sistently

May this wyear be the harbinger of good health and positivity to all of you.

B. Malik

ADIEU to Sister Antoinette



We were fortunate to have her as the Principal of our school. Sr. Antoinette endeared herself to one and all with her warmth, her jovial nature and above all her dedication to duty. She nurtured the little ones with affection and inspired the senior girls to do their best in all school activities.

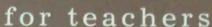
May her days be filled with peace, good health and happiness! We remember her with gratitude for her kind caring ways. Thank you sister for your dedicated service.

WELCOME our new principal



On 30th June we welcomed our new Principal Sr Anita Mathew. There was a special assembly held where a special prayer service was followed by a short entertainment programme. She is rich in experience and has contributed tremendously in the field of education. We look forward to her able guidance in all our endeavours to work for the greater glory of the institution. She is an inspiration to the students to attain the highest position is echelons of life.

SEMINAR





A seminar for teachers was conducted by Father Norbert Monezes, an educational consultant. The morning session began with an audio visual presentation of the bhajan 'Tu hi sheetal jal dhara'. He discussed the following principles of teaching:

The PSQHR technique, classroom management, competitive to collaborative approach in learning. He stressed the need to provide Hands On experience. The seminar was very informative and the teachers acknowledged the valuable tips given.









HER SITY WORKSHOP

July 2006

cher's Sity' workshop held for teachers at FDRC, Army School in Delhi from 6th July to 10th as a very enlightening workshop in which we were taught how to use VBIL (Value Based ing) method in classroom teaching. This was basically to use a particular value in every important aspect was the elaborate mehods that we were taught regarding how we could



ive interaction with our colleagues who had come from different parts of India, we were to Gregated into specific froups and were given assignments and lesson plans to prepare. It was extremely informative asithelped rite to develop myself as a better teacher and taught me how to deal with difficult classroom situations

SEMINAR for students

On 13th March the students of classes VIII, IX and X attended a seminar conducted by Father Norbert Menezes S.J. The topic was : 'How to improve and sharpen learning skills'.

The various ideas were presented through Power Point visuals, slide shows, group exercises etc. A book was provided for reference, entitled 'Standout Among the Rest'. The students were inspired by the strategies suggested.







FAREWELL!

19th March was the day when class X demonix organized a farewell for their seniors X. Centrix with whom they had spent some memorable times. The venue for the celebration was the school auditorium. In the evening the whole atmosphere was charged with mixed emotions of excitement and joy tinged with sadness. At 5.30 the X-Centrix arrived, looking the epitome of feminine beauty and grace in their absolutely gorgeous sarees and were received amidst thunderous applause. The auditorium was tastefully decorated in hues of pink blue and white. The senior girls were welcomed with showers of snow sprays.

The programme began with a prayer service followed by a welcome speech, games and dances. In between titles and gifts were distributed to the outgoing batch while refreshments were served during the intervals between performances.

After dinner and the Cake cutting ceremony the names of Miss Waverley and the Runner up was announced. Jasmine Miglani was crowned as Miss Waverley and the Runner-up was Harsimrat K. Arora.

Sister Antoinette gave a speech wishing our seniors a bright future. The girls had a wonderful time dancing to their favourite dance tracks. It was an enjoyable evening to cherish.



INSTALLATION CEREMONY







The holy mass was conducted by Father John Milton who had come from the church of St. Francis at Dehradun. The Mass invoked God's blessings for the academic year. Psalms were sung by the choir girls, intentions were made by the students and there were readings from the Bible. Referring to the Gospel Father narrated the Parable of Talents. In addition to discipline and hardwork he told the students how prayer would help them achieve success. Then there was the offertory procession. The congregation felt truly Blessed.

Installation Ceremony

The Installation of the New House Captains and Vice Captains was held on the same day i.e. 21st March. The Chief Guest for the day was Mr. Mukesh Lal, Principal, Mussoorie Public School. The ceremony started with the handing over of the



Congratulations!







Captains

Yellow House

Green House

Red House

Blue House

Games

Vice Captains

Yellow House

Geen House

Red House

Blue House

Games

Rabia Brar

Ishita Grover

Tanya Anand

Shriya Khurana

Varnika Singh

Tanya Goel

Amna Khan

Alina Ali Poorva Goel

Priyanka Jaiswal

WAVERLEY



HELPERS' DAY

Helpers Day was celebrated with great enthusiasm. On this 'May Day' all nations of the world regard with honour the value of their most valuable resource, the workers.

We honoured the helpers of our school who help us in the competent running of the school. We had a prayer service for their welfare, asking God to bless them and their families.

The children from classes I to VII had prepared dances for their entertainment. In her speech Sr. Antoinette thanked them for working devotedly in the school. She also gave them token of appreciation.



















Like every year classes I to X waited impatiently for their class picnics to be held in the third week of March. Class I to IV went to Bhatta Resort while classes V to X went to Crystal World amusement park at Haridwar. The girls boarded the bus at 6.30 am and as the journey was for more than two hours, breakfast and refreshments were provided in the bus itself.

At Crystal world the girls enjoyed dry rides like roller coaster, swinging chairs, bull fight, water splash and many more. Then they proceeded to enjoy the water slides, rain disco and ultimately the wave pool. The lunch served at Crystal World's restaurant was delicious. Although the girls were a bit tired they happily headed back to school singing and dancing in the bus.

To quote Sanya Narbar of class IV "The girls of classes III and IV enjoyed archery and target shooting at Bhatta Resort. After lunch we enjoyed swimming and then rested in the tents. We learnt a new song 'Have you ever seen a penguin come for tea?' After tea we came back to school."













Class X were accompanied by Sister Antoinette, Mr. Prashant and Miss Shalini Saxena to Rishikesh for River Rafting. The highlight of rafting in the Ganges at Shivpuri was tackling the roaring rapids enroute to Lakshman Jhula. It was thrilling as their stamina and courage was tested while they paddled along the course of the mighty Ganges.



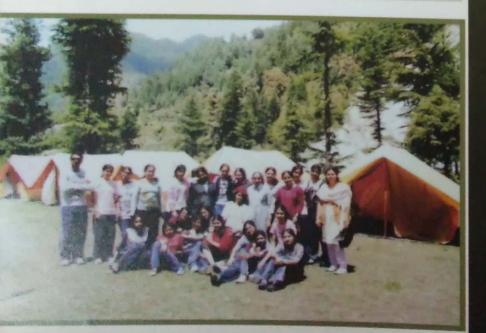


TREK TO BAROT VALLEY 2009

We were eagerly looking forward to the trek organized by our school to Barot Valley. We were impatient to get a break from the busy school schedule and enjoy the beautiful landscapes of Himachal Pradesh. It was an excursion to the place where river rolled its water.

We started our journey on 20th April at 6'o clock in the morning. None of us slept the night before due to excitement. We were accompanied by Sir Prashant, Miss Reena, Miss Divya,





Sir Dang and Sister Antoinette. After a long, tedious journey we reached Bilaspur and lodged into 'Hotel Sagar View'. After refreshing ourselves we were served with a sumptuous, hearty meal. Soon after we had loads of fun dancing till late night and then finally returned to our rooms.

Early next morning, we left for Barot Valley. On reaching our destination we were literally enthralled to see its beauty. A place of peace, where beauty comes down from heaven and everything the nature has to offer us. Barot Valley was bounded by tall mountains and trees amid which flowed a river containing sparkling, fresh water.

In the afternoon after consuming our lunch in the Guest Houses 'K.K. Negi' and 'Roshan', we went for trekking for about 12 kilometers. We also climbed the steep, 90 railway track and saw the Hydel Power Project. After having a look at the Power Project, we returned famished and tired to our Guest Houses, where we were served a lavish meal which we all enjoyed. Soon after we sang and danced around the bonfire.

The following day the first activity planned for us was rappling. Here was a steep cliff from which we had to descend maintaining balance carefully. The second thereafter was monkey crawling where we had to utilize ropes tied from the end of one tree to the other hanging upside down. Then we went for river crossing which seemed quite easy, but was extremely breathtaking as the cold, sparkling water came gushing towards us making us feel very nervous.

That night we enjoyed dancing merrily around the bonfire and after sometime everyone had to catwalk, which was supposed to be fun!

Camps were put up, and we were very excited to go to our respective ones. We did have a good sleep! Right after the warm, cozy night, we were to now finally experience the 'Rock Climbing', which was the best and most awaited part of the trek, according to us.

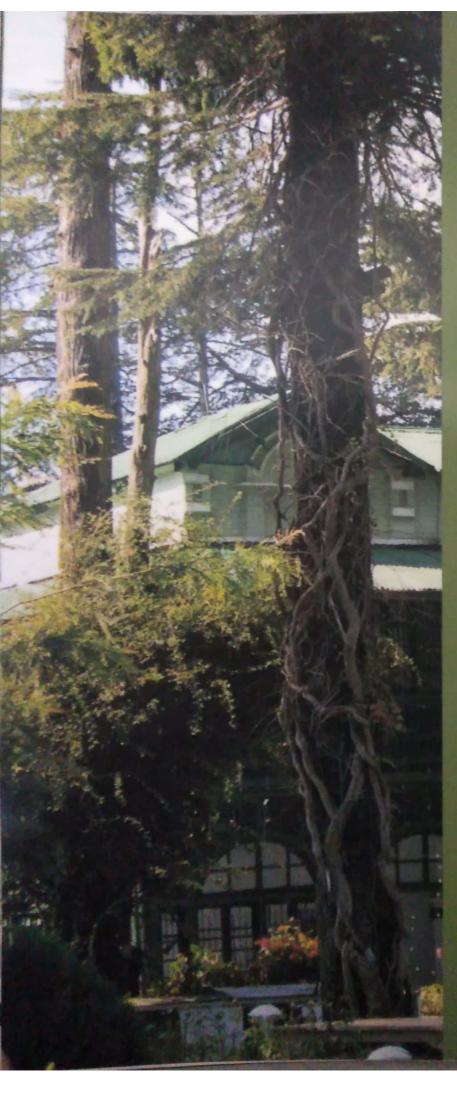


After lunch, we departed for Bilaspur, sad and unwilling to return. After a night stay at 'Hotel Sagar View', we left for school the following day.

On the way, we halted at Panchkula to have lunch at 'Hotel Pinjore' where we were again served with palatable, delightful meal. During the journey, we sang songs and had a great time listening to stories and advice given to us by the teachers in our respective buses.

On thing Mussoorie, in the evening, we had our dinner at 'Hotel Brentwood', sitting around the cozy bonfire and did not built to return back to school.

Ou was an unforgettable experience, days filled with joy, fun, frolic, zeal and enjoyment.



EDUCATIONAL TRIP

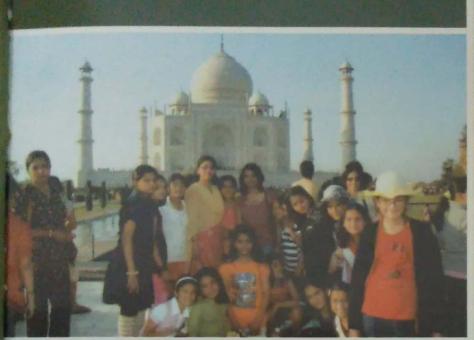
LAL BAHADUR SHASTRI NATIONAL ACADEMY OF ADMINISTRATION,
MUSSOORIE (LBSNAA)

On 8th April 2009, the present batch of class X went for an educational trip to Lal Bahadur Shastri National Academy of Administration (LBSNAA) which is once in a lifetime opportunity. This rare opportunity was given to us by Mrs. Ranjana Chopra Senior Deputy Director, LBSNAA.

We reached the Academy by 9.00 am and started our session with a refreshing morning reflection which was a kind of meditation. After the morning reflection, we visited the library in the campus named 'Gandhi Smiriti Library' which also happens to be one of the best libraries in Mussoorie. It had the original handwriting of Gandhiji with his photograph and the original copy of the Constitution of India. It had a variety of books on different subjects which was also divided into different categories. There were books on current affairs, Indian culture, administration, medical sciences, trade and so on. Various newspapers were also available in all the languages listed in our constitution. The library also had a separate reading room along with a separate periodical unit.

After spending a nice time at the library, we proceeded towards the dining room to have snacks. After the refreshments we had a counselling session with a few students of the Academy. Each of them had a different background and different strategies to achieve their aim of becoming an LA.S. but the strategy which they all shared in common was the 5 D's Dream, Desire, Dedication, Determination and Discipline. Then we proceeded to the dining room for lunch

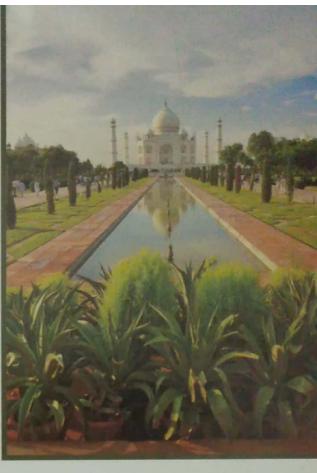
After the delicious lunch, we thanked them for their hospitality and left the premises inspired by their words which instilled in us the spirit of serving our country equally well.











TRIP TO AGRA AND DELHI

We went to Delhi and Agra on a tour planned by the school. Miss Pamposh, Miss Sudha, Miss Sarita and Miss Amita went with us. We saw Agra Fort and the Taj Mahal. Taj Mahal is one of the seven wonders of the world built by Shahjahan in the memory of Begum Mumtaz Mahal. It is my favourite monument. It is made of white marble. It has rooms inside with beautiful designs carved on walls. In Delhi we saw Red Fort and Qutab Minar. Such tours increase our knowledge of history.

It was my first tour from the side of our school.

Ishani, IV

WAVERLEY 15

Campus Eleanliness!

On 1st May there was a campus cleanliness drive held in the school. Students of classes VIII to X were assigned different areas to collect plastic wastes. They were divided into groups and provided with gloves and sacks for garbage collection.

All the biodegradable and non bio degradable wastes were kept near the bus garage. In the afternoon the municipal van came to collect the garbage neatly stacked by the students.

On 2nd May twenty five students from classes VIII to X went to town to participate in a procession organized by the probationers of Lal Bahadur Shastri National Academy of Administration. The girls participated in this procession with placards and slogans to generate awareness on environment and pollution. They were escorted by their class teachers.







Inter House ENGLISH DEBATE









The Inter House English Debate for juniors had young speakers who faced the audience with confidence and spoke with a lot of conviction. The topics given to them were: a) Boarding schools are a boon to society b) Values are an essential part of our society

The format of the debate for seniors was extempore. Each house was represented by two speakers who had to express their views on a variety of topics like:

Money is the root of all evil

Co-curricular activities are essential in school

Child labour should be banned

Teachers are building blocks of the nation

The significance of talent in every day life

The speakers had researched their topics well within an hour and faced the rebuttal panel with confidence. The judges for this literary event were Mrs. Moana Bhagabati, Reader in Economics Dept., LBSNAA, Mussoorie and Mrs. Jaspreet Talwar, Deputy Director of one of the faculties of IAS Academy Mussoorie. The result was as follows:

In Junior Division

Best Speaker Bhawna

Second Best Speaker Jannat Atwal

Best House Yellow House

In Senior Division

Best Speaker Varnika Singh

Second Best Speaker Anant Brar

Green House Best House



The Waverley Fete is an ideal destination for all those who like to have fun and also try their luck at the various games stalls. There were many stalls of eatables ranging from Ice-Creams to Papri-Chaat, Paper Crisp Dosas to Chicken Tikkas and Kabaabs. All the stalls were beautifully decorated and people could be seen rushing from one games stall to the other whether it was fishing to being 'Jailed' to Lucky Dip and Car Racing. The request stall and soft drinks also attracted the visitors.





For the keen buyers there was a stall of handicrafts and paper products eco friendly bags etc. The jam session was enjoyed by all senior students of CJM and St. Georges College. To sum it all, it was the most happening event of the year in Waverley.

Jubilee

Celebrations

A grand Eucharistic Celebration was held to commemorate the Golden Jubilee of Sr. Miriam Pereira, Sr. Lucy Ferreira and Sr. Rosa Silveira and the Silver Jubilee of Sr. Jessy Thomas.

In the chapel a Mass was conducted by Rt. Rev. Patrick Nair, Bishop Emeritus, Meerut Diocese, followed by a grand feast in the school Auditorium. Many distinguished guests, visitors, staff members of CJM Waverley and St. Lawrence School, Hampton Court School and relatives of the Jubilarians attended the feast. We pray for our Jubilanians, their well being and wish them many more happy years in the congregation of Jesus and Mary.













Our TOPPER from the batch was:



Aishwarya Pratik Sonker with an overall percentage of 95.4%. She also scored the highest in Hindi 97%.



Suchali Jain scored the highest in English 94%



Alina Scored the highest in Science 97%



Ishita Bhatnagar Scored the highest in Maths 99% and also in Information Technology 94%



Shreya Sikaria and Aashna Puri also scored 99% in Maths.



In Social Sciences the highest percentage was 98% scored by

Surabhi Joshi, Sahiba Atwal, Suchali Jain, Alina, Ishita Mehra.



Surabhi Joshi



Sahiba Atwal

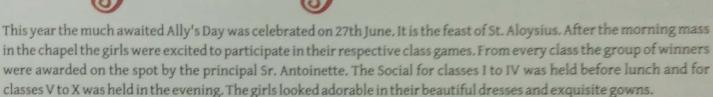


Ishita Mehra

BOARD RESULTS







The girls who were winners for the day were:

Senior Section (VIII-X)

Miss Waverley

Rabia Brar

Runner Up

Aamna Khan

Best Dressed

Aaina Beri

Middle Section (V-VII)

Waverley Princess

Palak Kakkar

Runner Up

Stanzin Chosket

Best Dressed

Kopal Halway

Junior Section (I-IV)

Waverley Princess

Gavika Chabra

Runner Up

Khushi Arya

Best Dressed

Tenzin Palsang

Devika Goel

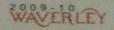




















INTER CLASS QUIZ

An Inter class quiz was held in the school Auditorium on 4th July. The Quiz Competition was between students of classes VIII, IX and X. Class X emerged as the winners. Class X was represented by Archita A. Singh and Sahiba Namdhari.

Sir Prashant was the Quiz Master who asked a variety of questions from science, sports, history and G.K. Sir Jolly was incharge of recording the score. Sir Ajay helped with the Audio Visual presentation and the students were guided in their preparation by Ms. Shalini Saxena.





ENGLISH

An Inter class English Elocution Competition was held on 11th July. The judges for the day were Mrs. Charu Jain from Mussoorie Public School and Ms. Shabina Puri from Hampton Court. The judges were delighted to hear the recitation of all classes I to X and were highly impressed by the talent and orderly presentation of the girls.

The results were as follows:

Individual

Group I (Classes I-IV)

1st Position: Ishita Priyam

2nd Position: Roshleen Singhrakthai and

Amisha Singh

Group II (Classes V-VII)

1st Position: Simran Arora

2nd Position: Nayana Vachhani and Aadhya Mehra

Group III (Classes VIII-X)

1st Position: Mallika Nayar

2nd Position: Shubhaani Singh

Winners from Classes I-IV Class IV

Winners from Classes V-VII Class VII

Winners from Classes VIII-X Class X















Inter house Hindi Dramatics was held on 24th and 25th of July. In the various one act plays enacted by the girls of the four houses, the amateur actresses gave ample proof of their talent. They seemed to be transformed personalities as they got into the skin of the roles assigned to them. Their expression and dialogue delivery was excellent.

The judges for this prestigious competition were Mr. Prakash Mehrotra and Mr. Sameer Shukla from Sai Pursuit Foundation, Mussoorie. In their speech, both of them praised the talented participants and also commented on the Role play in human life.











The various One Act plays presesnted were as follows:

1. Green House : Ande Ke Chilke

2. Blue House : Andher Nagri Chaupat Raja

. Red House : Carbon Copy

4. Yellow House : Parda Uthne Se Pehle

The prestigious trophy was won by GREEN HOUSE.

From each house the best actress and the actress in the supporting role were awarded. The winners of these awards of their outstanding performance were as follows:

Green House : Best Actress : Solmaz Hussain

Second: Varnika Singh

Blue House : Best Actress : Swati Kumar

Second: Apeksha Deshmukhs

Yellow House : Best Actress: Priyanka Jaiswal

Second: Anureet K Sindhu

Red House : Best Actress : Steffi Garg

Second: Alina Ali







The Winners: GREEN HOUSE - "Ande ke Chilke!





Pr. Anita's Beast







FEAST OF MOTHER FOUNDRESS

The Feast Day of St. Claudine Thevenet foundress of the religious of Jesus and Mary was celebrated with great fervour on 31st July. The Morning Mass was conducted in the school chapel by Father Nicholas Elias and presided over by Rev. Bishop Francis Kalist, Bishop of Meerut.

A grand breakfast was organised by sisters for the staff of Waverley and St. Lawrence School.







WAVERLEY



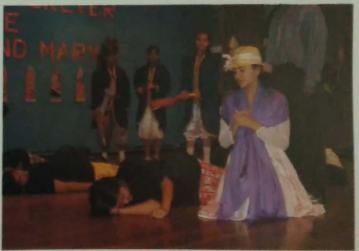


The cultural programme began with a prayer service conducted by Senior girls who also highlighted the virtues of St. Claudine Thevenet. A skit to portray scenes from the life of Mother Foundress was staged by girls of class VIII. The Middle School girls presented a prayer dance.

The programme was greatly appreciated by all Sisters who were specially wished and honoured that day.









Scholastic Book Fair!

In the month of June the Waverlites had a wonderful opportunity to buy books of their favourite authors. They had a great time selecting books browsing through the numerous book shelves attractively displayed in the school library. There was a whole section on science fiction and a section of art craft and sketching too. There were a wide variety of books on word games, vocabulary, computers, cars etc. The little ones were excited to buy the colourful stationery and posters.

For a long time after the Book Fair was over the girls could be seen deeply engrossed in their books. Reading was the main hobby for the month.











WAVERLEY

RHYTHM

An Inter class Singing Competition entitled Rhythm was held, comprising of two categories classes I to IV and classes V to VII. The participants were trained by sister Jessy. The performance of the classes was judged on the basis of, the theme of the song, articulation melody and rhythm.

Our Esteemed judges for the event were Mr. Naveen John from St. George's College Mussoorie and Mr. Vijay Mcgregor from Manav Bharti India International School, Mussoorie.

We were fortunate to have amongst us our Guests of Honour, reverend Mother Provincial Sr. Rose George and Rev. Sister Lydia D'Souza who graced the occasion with their presence.

Class IV and class VII received the trophies for their excellent singing. Class IV sang the song 'We can achieve' and class VII sang the popular number 'Do Re Me...' Simran Lobo of class VI gave a solo performance and sang 'It is a beautiful day.' Arshi Feroza and Varisa Lakra entertained the audience with a meaningful song 'Smile an ever lasting Smile'. The judges were highly impressed and praised the earnest effort and talent of the students.















We celebrated our 63rd Independence day with great patric fervour. Our Chief guest for the programme was DIG. ITBP, l Austin Eapen.

The programme began with a prayer dance which was followed speeches highlighting the significance of the Freedom Struggle, T value of Freedom and the importance of the Tricolour. Patrio songs were sung and a recital of Instrumental Music was a













presented. A Dance Drama with a patriotic theme entitled Shaheedon Ko Salaam was staged and was highly appreciated by the distinguished guests and parents present on the occasion.

On 15th August the Flag Hoisting was held at 8:30 am sharp. The National Flag was hoisted by Principal Sr. Anita and Father Nicholas Elias. This was followed by the National Anthem sung by students and staff present on the occasion. Sweets were distributed to all.



TEACHER'S DAV

5th September is celebrated with great enthusiasm in School to honour the unmatched Contribution made by teachers to the society. 'The task of a Teacher is to stimulate ordinary people to unusual effort. The problem is not in identifying Winners, it is in making Winners out of ordinary people.

The day began with the Special Morning Mass held in the school Chapel at 8 am. This was followed by a grand breakfast organised for the teachers in the TV room which was beautifully decorated by the

















Sisters. The Cultural programme began in the Auditorium at 11am with the lighting of the diyas by Sister Jessy, Mrs. Reena John and Mr. Ajay Raghuvanshi. The teachers thoroughly enjoyed the dances presented by classes I to X. The teachers were thereafter presented with tokens of love by Xth class girls on behalf of all school students. Some very interesting games were organised by the Senior girls for the staff. This was followed by a sumptuous lunch where the Cake was cut by Mrs. Sudha Kothari and Mrs. Rauthan.

The teachers of Waverley and St. Lawrence enjoyed the feast together with the sisters of our school.









The Annual Sports Day programme began with the unfurling of the flag by Chin Guest Mr. Anil Raturi I.G. Uttarakhan Police; This was followed by a verimpressive Inter house March Past, the oath taking ceremony by the House Captains and the Lighting of the Waverley torch by the School Games Captain Varnika Singh. As soon as the Chief Guest declared the sports meet open the various



races and Baton Relay for the various divisions were conducted.

The class races like Garland Race, Sack Race and Banana Race of the little children was keenly seen by the parents who were busy taking pictures. The colourful class drills, the Yoga display and Karate display were highly appreciated by all. Parents also very enthusiastically participated in the visitor's item.



















The Individual Championships were as follows:

Sub Juniors Division: Maninut Sachdev

Juniors Division: Palak Kakkar

Inters Division: Varnika Singh

The Inter house March Past trophy was won by:

Blue House.

The Cock house Athletics Championship trophy was won by: Green House







WAVERLEY



Overall Championship for games went to: Yellow House

For sporting spirit the award was given to: Vinkul Roperia and Disha Upreti.

The Sports Day programme was followed by the Art and Craft and Science Exhibition.







ART EXHIBITION





The Art and Craft Exhibition was very colorful. It highlighted the aesthetic sense of the students. They had developed their skills under the guidance of their Art teacher Miss Mridula Bhatt. They made a variety of items to be exhibited such as items of Nib painting, Embossed painting, Oil painting, Shell painting, Tie and Dye and Fabric painting.

The girls proved their talent in Candle making POP painting, painting on Ceramics, crockery, etc. The parents and guests were delighted to see the work of girls. While they were admiring the Exhibits they could hear instrumental music (sitar) played by Jaspreet Salwan, Fiona AnnJolly and Swati Upadhyay.























Every alternate year in our school, we have a Science Exhibition. So, this year on 1st of October, we had our Sport's Day which went off really well but at the eleventh hour it started to rain. That too was handled and it proved to be a successful one. After that we had the inaugration of our Science Exhibition. It was prepared by the girls of classes IX and X.



Let us begin with the Physics lab. Physics is the science of properties and interaction of matter and energy. For their Physics projects, the girls showed a wide range of models of alternate sources of energy like biogas plant, thermal power plant, nuclear power plant and hydroelectric power plant and explained their uses and also encouraged the people to use these sources of energy. They had also demonstrated a model of a coal mine and explained the defects in the eye - myopia and hypermetropia. They also displayed certain properties through a glass slab and showed the arrangement of constellations in the sky. They explained the properties of a magnetism with the help of a bar

magnet. The parents were very impressed by the work of the girls in the Physics laboratory.

Next comes the Chemistry lab. Chemistry is a brand of science concerned with the nature of substances and how they react with each other. The girls in the Chemistry lab revealed their efficiency through their exemplary projects, they explained the Structure of an atom, production of electricity in various power plants. The chemical formation of volcanoes and carbon dioxide was also very successful. There was also a stupendous model of the microscope. This also proved to be successful.

And last but not the least was the Bio lab. Biology is the study of living organisms. The girls displayed their knowledge about Biology by explaining to visitors about various things. They demonstrated the causes and effects of the Greenhouse effect and also displayed a hole in the ozone layer. They had also made a green house for plants. They explained about food facts and cross-pollination in flowers with the help of a model. They also showed us fungus under the microscope on bread and shoes. The girls also described the parts of the skeleton to the people which was brilliant, which required a lot of brain to work on it. The bio lab was also appreciated by the people.

All these projects would not have been as splendid and as appreciated as they were without the help and support of our teachers, Miss Reena, Sir Jolly and Miss Divya. We express our gratitude to them and thank them for their guidance.

- Homani, Chaya, Jannat and Bhawna, VIII



Diwali & Rangoli CELEBRATION





















INTER-HOUSE GAMES COMPETITION 2009

Inter House Badminton: The Winners

In Juniors Division - Yellow House In Inter Division - Blue House

Inter House Basketball: The Winners

In Juniors Division - Blue House In Inter Division - Yellow House

TABLE TENNIS

Winners - Blue House

The star players were - Krittiya Khanijon, Tanya Gupta, Dakshaditya Sonker, Riya Paul, Pankhuri Singh, Vahisha Aggarwal

BADMINTON

Juniors

YELLOW HOUSE - Sangeeta Jaiswal, Anjali Gupta, Mahima Pahwa (1st)

RED HOUSE - Diksha Agarwal, Ishita Agarwal, Shubhani Singh **(2nd)**

GREEN HOUSE - Tamanna Raman, Shania, Dhruva Tyagi, Tanya Agarwal **(3rd)**

BLUE HOUSE - Gloria Barua, Muskaan Ahlawat, Dakshaditya Sonker (4th)

Inters

BLUE HOUSE - Shriya Khurana, Krittiya Khanijov, Shubham Vig (1st)

RED HOUSE - Chandni Ahylawat, Simran Singh, Shrishti Kungta, Disha Uputi (2nd)

YELLOW HOUSE - Mallika Nayar, Nandini Agarwal, Rabia Brar (3rd)

GREEN HOUSE - Jessica Lee, Medhatushti Singh, Ishita Grover (4th)

BASKETBALL

Juniors

BLUE HOUSE **(1st)**: Gloria Bawa, Dakshaditya Sonker, Ojas Sharma, Gauri Bhaisora, Sharvi Goel, Suhani Taneja, Pankhuri Singh, Ishita Narang, Homani Goyal, Simran Bains, Jaya Gupta

YELLOW HOUSE **(2nd)**: Sangeeta Jaiswal, Anjali Gupta, Bhawana Lal, Drishti Sah, Snigdha Jain, Sakshi, Harshita Negi, Chaya, Anshika Singh, Ritika, Mahima Pahwa, Aditi Prabhu GREEN HOUSE (3rd): Tamanna Raman, Tanya Agarwaj, Areeba Waziri, Varisa Lakda, Dhruvee Tyagi, Tuhira Sinha, Shubhaangi, Mansi Yadav, Shikha

RED HOUSE **(4th)**: Diksha Agarwal, Tanya Bansal, Ishita Agarwal, Richa Agarwal, Simran Arora, Neetu Garg, Arshi, Aaina Beri, Radhika Hari, Palak Kakkar, Melbin Joy, Shubhaani Sing

Inters

YELLOW HOUSE (1st): Tasmin Sodhi, Mallika Nayar, Vinkul Roperia, Ankita Singh, Tanya Goel, Aishnoor Sidhu, Anmol Sidhu, Priyanka Jaiswal, Pankhuri, Nandini Agarwal, Yasmin, Rabia Brar

GREEN HOUSE (2nd): Varnika Singh, Jessica Lee, Ariba Shah, Solmaz Hussain, Aishwarya L Singh, Shaliga Bhatnagar, Paridhi Poddar, Medhetushti Singh, Aamna Khan, Ishita Grover, Sahiba Namdhari

RED HOUSE **(3rd)**: Tanya Anand, Simran Singh, Chandni Ahlawat, Aleena Ali, Anant Biar, Aprajita Agarwal, Shrishti Rungta, Disha Uputi, Apoorva Bansal, Anuradha Tulsani, Paavni Sangal, Jini Johnson

BLUE HOUSE **(4th)**: Swati Kumar, Shubham Vig, Smiya Khurana, Krittiya Khanijov, Vagisha Agarwal, Poorva Goel, Tanya Gupta, Harmeet Malhotra, Riya Paul

TABLE TENNIS

BLUE HOUSE: Krittiya Khanijow, Tanya Gupta, Dakshaditya Sonker, Riya Paul, Pankhuri Singh, Vagisha Agarwal (1st) GREEN HOUSE: Aamna Khan, Swati Nain, Varisa Lakda (2nd) RED HOUSE: Anant Brar, Paavni Sangal, Diksha Agarwal (3rd) YELLOW HOUSE: Sangeeta Jaiswal, Harshita Negi (4th)





INTER SCHOOL ACHIEVEMENT

We took part in the 12th Inter School Athletics Meet held at Wynberg Allen School on 16th October 2009. Our girls performed exceptionally well.

Our total medal tally was - 11 Gold Medals, 21 Silver Medals, 11 Bronze Medals

We took part in four divisions: Sub Junior, Junior, Inter, Senior The details are as follows:

Sub Junior Division

Event	Names	Position
100M	Maneenut Sachdev	Second
	Simran Palhan	Third
200M	Maneenut Sachdev	Second
400M	Pranjal Jain	Third
800M	Denisa Nathan	First
1500M	Denisa Nathan	First
L.Jump	Divya Singh	Third
H.Jump	Pranjal Jain	First
	Manmeent Sachdev	Third
4×100M	Maneenut Sachdev	Second
	Shipra Jain	
	Simran Palhan	
	Stanzin Chosket	

	ision	
	Names	Positio
	Shania	Second
	Areeba Waziri	Third
	Shania	Second
	Areeba Waziri	Third
MUC	Drishti Sah	First
	Gloria Baruah	Second
M00	Mansi Yadav	Second
.Jump	Tamanna Raman	Second
LJump	Pankuri	Second
	Gloria Baruah	Third
×100M	Drishti Sah	First
	Shania	
	Simran Anone	

Areeba Waziri

Intermediate Division

Event	Names	Position
100M	Ankita Sharma	Second
200M	Ankita Sharma	Second
400M	Varnika Singh	Second
800M	Varnika Singh	Third
1500M	Varnika Singh	Third
L.Jump	Varnika Singh	First
H.Jump	Varnika Singh	First
Discus	Simran Singh	Third
Javelin	Disha Upreti	First
4 x 100M	Ankita Sharma	Second
	Varnika Singh	
	Disha Upreti	
	Ishita Grover	

Senior Division

Event	Names	Position
100M	Tanya Anand	Second
200M	Tanya Anand	Second
400M	Tanya Anand	Third

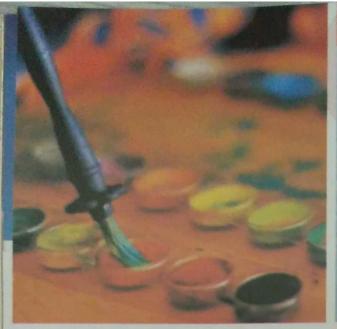














ACHIEVEMENTS IN ART

We participated in the Inter School Art Competition held at Oak Grove School on 6th September 2009. We took part in the Junior and the Senior categories.

We were winners in the senior category. The judge for the competition was Mr. Phalguni Das Gupta retired Principal of Delhi Art College and a renowned artist.

Bhawana won the Ist Prize in the senior category. Gloria got certificate for merit.

And the participants were:-

a) Sonal Garg V

b) Rudrani Singh VI c) Stanzin VI

c) Stanzin VI d) Palak Goel VI

e) Palak Kakkar VII

f) Nishtha VII

g) Diksha Agarwal VIII h) Bhawana VIII

i) Gloria VIII

j) Yasmin Siddiqui IXk) Shreya Basnat X

l) Paridhi X

We won the trophy in the Senior Category.





On 19th September an **Art Competition** was conducted by **Lions Club Mussoorie Hills**. In the Sub junior Category Tarushi Singhal of class IV stood second.

In the Juniors Category Nishtha Dabral of class VII stood Third.

Certificates of appreciation were as follows:

In Sub Juniors Category: Hritika Agarwal III
Nandini Sabharwal IV

Nandini Sabharwal IV In Junior Category: Shankhika Negi VI

Aditi Tiwari VI In Seniors Category: Kanchan Rauthan IX

Palak Gupta Arpita Mamgain





Utto://www

INTER SCHOOL QUIZ

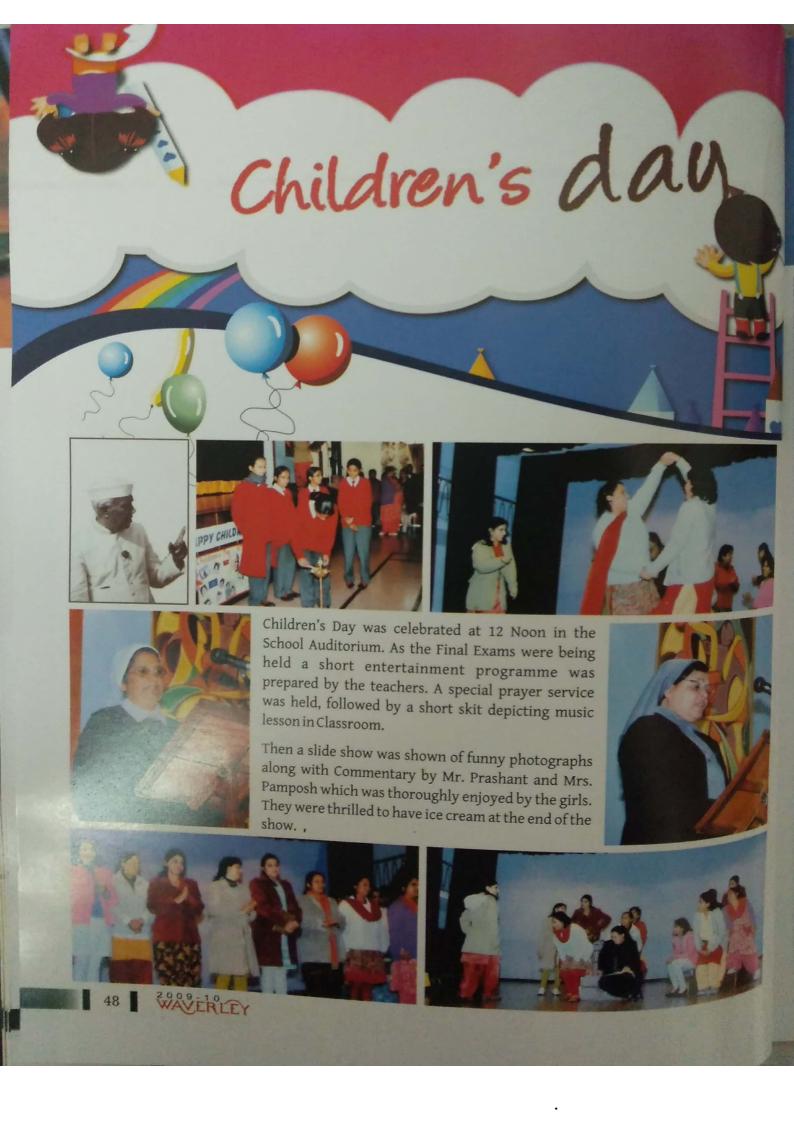
The students of Waverley from classes VIII, IX and X participated in the LIMCA BOOK OF RECORDS QUIZ 2009 held at Scholars Home Senior Secondary School Dehradun on 9th October, 2009. 62 Schools had participated in the competition. The girls of CJM Waverley performed well and were awarded participation certificates.

Inter CJM Computer Quiz

On the 7th August, 2009 our school had participated in the Inter CJM Computer Quiz Competition which was held in CJM, Dehradun and was assisted by 3 other schools which included CJM, Hampton Court, St. Lawrence, Mussoorie and CJM Dehradun. All the schools performed outstandingly but as we have mentioned above that it was a competition, there had to be one deserving winner. Our school managed to bag the winners trophy and was closely followed by CJM. Dehradun. Though, the questions were put up by the students of CJM, Dehradun itself, we, Waverlites didn't leave even a single chance of missing any possible opportunity to grab a point. Our school was represented by Archita Singh Ahuja and Shriya Khurana from class X, Riya Paul and Apoorva Bansal from class IX and Tamanna Raman and Bhawna Lal from class VIII. All the participants had worked really hard and their efforts well incredible. It was a great experience as we learnt several things which will surely help us in the upcoming years. The competitors from our school were also awarded Runners up certificates. We would whole heartedly like to extend a note of thanks to Sir Ajay for devoting his precious time and being a huge support throughout. We would like to bring back lots more trophies in future.

- Paavni Sangal and Riya Paul, IX



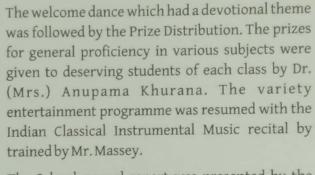


ANNUAL PRIZE



Khurana.





The Annual Prize Day was held on 21st November. The Chief Guest for the day was Dr. Ashwin



The School annual report was presented by the Principal Sr. Anita along with students through the medium of Power Point Presentation. A Christmas Play highlighting the need of a 'Savior' to restore peace and harmony in our world was enacted by over a hundred students. The programme concluded with the singing of the school song.





The special prizes awarded were as follows:

Responsibility as Captains

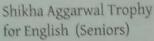
Varnika Singh (Games Captain)

Shriya Khurana (Blue House)

Rabia Brar (Yellow House)

Ishita Grover (Green House)

Tanya Anand (Red House)



or English (Seniors)

Miss Jansen Trophy for Hindi (V-VIII)

Miss Rundlett Trophy for Hindi (Seniors) Ishit

Sister Therese Poulin Trophy for Maths (Seniors)

Sister Pia Nazareth Trophy for Science (Seniors)

Claudine Thevenet Trophy for the most Outstanding student in the Junior School (I-IV) for Good Conduct

Walter Luther Memorial Trophy for the most Outstanding student in the Middle School (V-VIII)

Claudine Thevenet Trophy for the most Outstanding student in the Senior School (IX-X) for good conduct

A Special Award for the student best in Human Values in the name of Late Shri S. P. Jain (Cash Award) Rs. 1000/-

Another award for the student best in Human Values in the name of Late Mr. & Mrs. Narinder Arora (Cash Award) Rs. 1000/- each Anureet Kaur Sidhu

Bhawana

Ishita Sirohi

Shriya Khurana

Shriya Khurana

Tarushi Singhal & Sanya Narbar

Bhawana

Shriya Khurana

Shaifali Badoni

Varnika Singh & Arpita Mamgain

















Jesus & Mary Scholarship (from 2008 Onwards Rs. 1,000/-) Seniors

Jesus & Mary Scholarship from 2008 onwards Rs. 1,000/- Middle School

Special Award for standing first in C.B.S.E. exam. 2009 sponsored by Jesus & Mary management Rs. 10,000/

Palak Gupta

Rebecca Paul

Aishwarya Pratik Sonker





Stanzin!

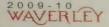






Our school had participated in a Painting Competition organised by TEHRI HYDRO DEVELOPMENT CORPORATION a joint venture of Govt. of India and Govt. of U.P. on 30th September '09. Stanzin Chosket of class VI qualified in the first round and represented the school at State Level where she received a Certificate of participation and was also awarded a cash prize of Rs.1000/-

Well done Stanzin!!!



My Lovely

Sort Groff









The art and craft exhibition was marvellous, we worked hard under the guidance of our class teads. Miss Amita to show our talents. There were take of items like all fabric painting, on pillow, a painting, Origami flowers etc. We had also makes best use of waste materials to make wall harge with different bangles, party masks and escape beautiful things like decorating dupattas, bases scrap books, etc.

Parents and visitors were delighted to see the crawork done by us. The most interesting thing was a volcano eruption.

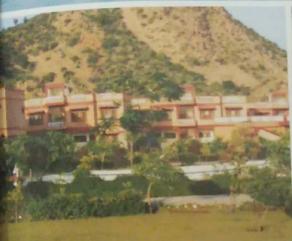
There was Art Exhibition in the Art roomalso.

- Tarushi Singhal





JAIPUR, CHOKHI DHANI AND SAR VILLAGE





It's said that the culture of Jaipur is different from any other place in India. So this time our School organised a trip to Jaipur. Our principal Sr. Anita and some of our teachers like Mrs. Sarita, Mrs. Tripathi, Mrs. Pamposh and Mrs. Sudha accompanied us.

We were taken to DehraDun from our source 'Waverley' Mussoorie and we enjoyed a finger liking meal in Mac Donalds. From DehraDun we boarded the Nizamuddin Express and reached Delhi by $6\,\mathrm{am}$ in the morning.

From Delhi we were taken to Jaipur by bus. By the time we reached our destination it was 20° clock and we were too exhausted. We went to our hotel called Clarks where we ate a lip-smacking meal.



In the evening we went for shopping at the malls and at night we were taken to Chokhi Dhani where it felt like heaven We enjoyed the Jaljeera drinks, Camel ride, Rajasthani dances and ofcourse the lovely environment.

We enjoyed the Jaljeera drinks, Camering, Sancting, Sanc

Printing factory, where we had a surface of the monument. Though the sun was shining brightly above our heads, we had an awesome moment with the historical stories of the monument.

From there we left for Sar village and by the time we reached our resort we were tired. We got to eat delicious snacks and soon recovered. We sat on camel carts and horses. At night we were twisting ourselves to the beat of the DJ which was fun.

Next morning we went for Yoga and after that had a wonderful time in the pool. We then had a hearty-meal and were called in the meditation hall for listening to some tips which were very useful to us for our lives.

After that our hearts were sunken when we heard that we were going back. We gathered our luggage and left for Mussoorie and were back to our school, our home 'Waverley'. This was one of our most memorable trips which we all will remember lifelong.

- Tanya Aswani, VII





laisalmer

One was decided that the staff would be held on the allu ddunes of Jaisalmer, the excitement in the air. Everyone redoubled their efforts to complete most of their work in record time. There were deadlines set, packing was to be done, info had to be collected regarding the weather condition in Rajasthan and above all a curiosity about the rich culture of the desert folk



 $had \ filled \ every body \ with \ great \ anticipation \ of the \ days \ to \ come.$

On 26th November morning we reached Delhi by Mussoorie Express and continued our onward journey to Rajasthan in the evening by Jaisalmer Express. Next day on reaching Jaisalmer we had the first hand experience of Rajasthani Cuisine for Lunch at Aangan Restaurant. We then left for our final destination Mahadev Resorts. Within a quick hour of checking in and refreshing ourselves we were ready for the Camel Safari. The thrill, adventure and beauty of desert life was experienced on a Camel Safari on the silken smooth sand dunes of Samm 26kms west of Jaisalmer. A group of folk dancers entertained us with their folk music and dance. Some of the teachers joined them for this once in a lifetime opportunity and the cameras were overworked to capture these exotic moments. After dinner the teachers continued with their merrymaking to the accompaniment of the D.J. Mahadev Resorts had mud baked huts with thatched roofs. There were artistic drawings on the walls. All this gave the place a typical Rajasthani rural ambience.







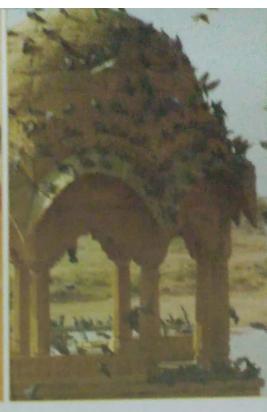


On the second day we shifted to the main town and checked into Mahadev Hotel. After lunch we were taken to see the Indo-Pak border 10kms beyond Tanot a BSF checkpost.

Enroute to the Border we also visited two temples built in honour of Goddess Ghantiyan wali Devi who has always protected our soldiers from defeat. It was courtesy Dr. Bhadu that we could visit this restricted Army checkpost and interact with the two jawans on duty. We were awe struck to see the border which was miles and miles of sand on either side of the Electrified fence. There was hardly any sign of Life or vegetation there except for a Tree which housed a few birds who chirped all day long and gave Company to our soldiers. Our realization of the tough life led by our Army Jawans for the security of their motherland and Countrymen











increased our admiration and respect them manifold.

On the third day we visited Gadisar Lake and the bazaar near the Fort. The guide gave us a brief introduction regarding the history of the Fort.

Jaisalmer a 'Jwewl of the thar' and part of the great desert region was in habited by the Yadavas or the Bhattis who claimed descent from Lord Krishna.

Its gigantic citadel the Jaisalmer Fort also known as Sonar Qila has withstood the ravages of time. It is the only living Fort with a quarter of city's population still residing within its sheltered walls. Its narrow streets are lined with houses, temples and shops. Situated in the fort's interior are the splendidly carved Jain shrines. We also saw the captivating stone havelis like the Patwon.



WAVERLEY





ki Haveli and the Haveli of Nath Malji. These havelis with this finaly chiseled stone facades, cantilevered balconies and finely carved windows are a proof of the unrivalled expertise of the Silavats or stone carvers patronized by the wealthy merchants of the 19th Century.

Soon it was time for us to leave. We boarded the Jaisalmer Express to resume our journey homewards. We are very thankful to the school management especially our Principal Sister Anita who took the initiative to give us this unique opportunity to visit Rajasthan. We are also grateful to our tour organizer Mr. Bharat Dang who made excellent arrangements to make our trip comfortable. We are obliged to Dr. Bhadu's family for the hospitality extended towards us during our stay at Jaisalmer.







Photo Gallery





WAVERLEY



The Waverley Community



The Adm. Office Staff



The Boarding Staff



The Support Staff













Class VI with Mrs. Sudha Kothari









Class X with Principal Sr. Anita Mathew & Class Teacher Miss Benu Malik



Inter School Basketball Team



Inter House Athletic Individual Champion



Inter School Badminton Team



Inter House Badminton Team



Inter House Basketball-Team (Winners)



Inter House Basketball Team



Inter School Manorite Table Tennis Team



Inter House Table Tennis Team (Winners)



WINNERS **Inter School Art Competition**



WAVERLEY FENNE BS



Aparajita Agarwal



Vasavdutta Agrawal



Chandini Ahlwat



Tanya Anand



Anmol Makkar



Shaifali Badoni



Ridhima Chhimwal



Shreya Basnet



Tanya Batra







Kayenat Warsi





Steffi Garg



Ishita Grover



Amant Hayer



Aiman Usmani



Solmaz Hussain



Jini Johnson



Shriya Khurana



Swati Kumar



Vagisha Singh



Jessica Annlee



Harmeet Malhtra



Nidhi



Sahiba Namdhari



Ankita Sharma



Mallika Nayar



Aditee Oli





Gurasees Kaur Rai



Arpita Mamgain



Vinkul Roperia



Shrishti Rungta



Nandini Sachdev



Anureet Kaur Sidhu



Kritika Joshi



Aishwarya L. Singh



Ankita Singh



Archita Ahuja Singh



Shivangi Singh



Palak Gupta



Simran Singh



Varnika Singh



Ishita Sirohi



Ariba Shah



Shrishti Goel



Tasmin Sodhi



Disha Upreti



Suchivarta Godiyal







School Gates

Walking up to our school for our last year,
Lising each other was our biggest fear,
We look at one another now and shed a tear.
Every corner has a special memory,
Every class has its own story,
We'll miss everything and our 15min of glory.
From a girl we have become a young lady,
From being enemies we've become matey.
A lot has happened to us within the four walls of this school.

It has changed us into something almost perfect. So, we can no longer be called a fool.

The aura of Waverley is always felt in our heart.

It only has grace and happiness to impart.

Leaving our alma-mater is the worst form of our heart break,

Now, we can only thank it for the wonderful memories it gave us to take.

As our school gates disappear from our sight,

We have gallons of tears to fight,

The only way to do so, is to hold it inside us tight.

There's no other place which will be as right,

because we will be waverlites everyday of our lives.



20 DAYS

Only 20 days are left for us to leave,
The feeling that comes in our hearts,
Is not something we like to feel.

It's like a sinking feeling, when you know somethings wrong.

And this is a feeling, which cannot be explained Even by the saddest of songs.

Even when you know, this is something you got to face. But deep inside you, you know there can never be a better place.

Our limbs are numb, our hearts are sore, Because we all know we will be coming "home" no more.

Even though we might talk through our hat and say we hate this school.

But deep inside we know this place is supercool.

This is the place that has taught us to Straighten up and fly right.

This is the place that has enlightened our lives and made it bright.

Speaking straight from the shoulder,

With a school like ours there can be no other.

We have seen so many batches leave this institution, But we never realised there can be a substitution, But now it's us the DEMONIXX 09' bidding our home goodbye,

And we can do nothing but cry.
Only 20 days are left for us to leave.

And all we will be left with these sweet memories...



CONTRIBUTIONS

THINGS UNIQUE IN NATURE!

Birds are of may kinds,
But each one is of a kind.
Fish are of many kinds,
But each one is of a kind.
Flowers are of many kinds,
But each one is of a kind.
Fruits are of many kinds,
But each one is of a kind.
People are of many kinds.
But each one is of a kind.

For each and ever



hangh (X)

A shoulder to cry

A ear to bend

Money to borrow

Clothes to lend

Saturday night maggie,

Afternoon walks,

Being together, our private talks.

Mending our hearts crying these tears out

Planning our future, voicing our fears.

Our memories together,

May they never end.

Always together, friends for ever...

- Steffi Garg (X



adouty in America, but also in many Western countries, and wite normal for young people to do odd jobs like is quite normal for young people to do odd jobs like is quite normal for young people to do odd jobs like is quite normal for young people to do odd jobs like is quite normal for young people in shops and restaurants, and many more part-time jobs to earn and restaurants, and many more part-time jobs to earn people to finance their education. This obviously helps in the finances of the families and at the same time gives the helps in the people in working and handling money wisely, with experience in working and handling money wisely.

when you pay for your own education, the fact that you paid in itself is a motivating force to do well. Who wants to waste his or her own money? At the same time money can be used for other purposes.

while it is accepted in the West, I don't see it happening in India. This has a big history to it, which cannot be undone speasily.

The main contributing factor for it is the caste system. We have inculcated a mindset which feels that there are "good" jobs and there are "bad" jobs. And the "bad" jobs should only be done by lower castes and social out-castes. Instead of looking at job as jobs, we have demarcations, which certainly do not help. In India people would rather not study than to have to do "low" jobs to finance themselves. Of course there is no shortage of opportunity, but what's the use of opportunity when nobody wants it?

Much more than in the West, I feel there are opportunities here in India. However, the sad thing is that they are not viewed as opportunities at all. Apart from finance for yourself, such jobs also help society at large. But which average Indian thinks of society at large?

The irony of the whole situation is that Indians are more than eager to do odd jobs when they go abroad, but hesitate when back here. This is, of course, the influence of society. In America and other countries, doing any job carries respect and dignity with it, but in India only the doctors and engineers count.

Also, in India the parents feel it is their responsibility to make their children reach a stage of independence a mindset totally different from the Western world view, where it is felt that the child should be as independent as possible from the time of birth. It would be viewed as a disgrace in India if a child had to work, and that too

physically, to be able to study. This may be right in a few ways but is not the most practical of ideas. It sure makes more sense to have more money, but when family honour and "name" is at stake, that simply is not an option at all.

Here in India, much of our behavior is governed by society and what everybody else thinks. This is an unfortunate truth. The bottomline, I feel, is that there are loads of opportunities for the young people in India, but, due to our mindset, these don't quite count as opportunities. For these to start being looked at as opportunities, I'm afraid we'll have to wait for a few centuries to go by.

Shrishti Goel X

Obesity and Diabetes in School Children

During the recent years the number of school children who suffer from obesity and diabetes has increased tremendously. The main causes are junk food which is prepared more than home-made healthy food, watching television and playing on computer for hours than playing outdoor games etc.

Parents should pay a lot of attention to the diet of their children. The children should be allowed to consume more of healthy green vegetables than (Junk) unhealthy food.

Almost 26 percent of school children do not exercise which causes a lot of bulk in their body and so they suffer from obesity. The exercises should be compulsory in schools. The invention of television along with computer games have made children lazy. They spend a lot of time sitting infront of the idiotic boxes which reduces the chances of physical fitness as they do not go out for outdoor games. Thus outdoor games should be compulsory for children.

Parents should also try their best to make their children drink water instead of cold drinks.

Thus, I feel that the parents as well as the school along with the children themselves can reduce the problem of diabetes and obesity in school children.

Shagun Bishnoi, IX



A BIRTHDAY PARTY

I love celebrating birthday parties. I love celebrating parties because we eat cakes which I simply love. One day I was invited to a birthday party. There was a cake which I didn't like at all. But after that we had a cold drink which settled me very properly. After that we went for eating pizza, burger, chips, chocolates, etc. I liked these very very much for they are loved by children. Everything was fine in the party except the cake.

At 7:00 pm we had to go home. We got return gifts which were exciting. We all got-one chips packet, two badges of Hannah Montana and stickers of Pooh.

When I reached my home with my maid, she saw my things and I gave her some stickers, one badge and I shared with her my chips packet.

 $This \ birthday\ party\ was\ strange\ because\ first\ time\ I\ never\ gave\ a\ gift.\ I\ think\ so\ you\ never\ noticed\ about\ the\ gift.\ Did\ you?$

- Shreya Saluja (V)



One evening as I concluded my reading of a history lesson I thought of meeting the former president of India, Dr. A.P.J. Abdul Kalam.I wondered if I could ever have a meal with him and discuss his vision for India 2020. It would be a once-in-a lifetime experience and would also help me rethink my goals and renew my dream of a developed India. You might ask why APJ Abdul Kalam and not anybody else?



Well, its been said that after Chacha Nehru, he is the only politician who is interested in the welfare of the children. He can be rightly called the "Children's President" and not "People's President".

There are many aspects of Kalam's personality that I admire. His ideas are fascinating and they inspire me. For instance while talking to the students of Sri Rama Krishna High School Bokaro, he said "India vision 2020 demands from the young that they start a great mission of connecting rivers, cutting across the states. Then water would reach the water starved states.

Then, while responding to students in Anand Gujrat who asked him 'Who is our greatest enemy?' He encouraged their responses as they reached the answer 'Poverty'. Once our former president was invited to inaugurate the 450 bed in Deenanath Hospital and Research Centre in Pune. He was thrilled to meet the legendary personality Lata Mangeshkar. I too am an ardent fan of Lataji.

During the Indo China conflict in 1962, she sang 'Ae Mere Vatan Ke Logo' which moved an entire nation. He said she was an important role model for the youth. "Few people can claim to have influenced the lives of millions in such a delightful way." I totally agree with him. According to him 'child is the first scientist' because Science was born and survives only by questions. Parents and Teachers know children are the source of unending questions.

I too feel the same. Children will have innovative ideas. Grown ups tend to see more impossibilities. He was inspired by books like 'Man the Unknown' by Dr. Alexis Carrel, 'Light from many Lamps' by Lillian Eichler Watson and ofcourse 'The Holy Quran'.

I in turn am inspired by books written by APJ Abdul Kalam like 'Ignited Minds' and his biography 'Wings of Fire' to do my bit, my best for the country.

-Swati Kumar (X)



She Brought You To Life

When you were 1 year old, she fed you and bathed you. You thanked her by crying all night long.

When you were 2 years old, she taught you to walk, You thanked her by running away when she called. When you were 3 years old, she made all your meals with love.

You thanked her by tossing your plate on the floor. When you were 4 years old, she gave you some crayons, You thanked her by coloring the walls of the dining

When you were 5 years old, she got you a dress for festivals,

You thanked her by getting it burnt.

When you were 6 years old, she walked you to school, You thanked her by screaming "I AM NOT GOING".

When you were 7 years old, she bought you a bicycle, You thanked her ming home late in the evening. When you were old, she gave you an ice cream, You thanked he When you were bing it all over her lap.

old, she paid for your piano

tou thanked her by not even bothering to practise. When you were 10 years old, she drove you to the

And to all your birthday parties.

You thanked her by jumping out of the car. Not even turning back.

When you were 13 years old, she suggested a haircut, You thanked her by telling her she had no taste. When you were 16 years old, she taught you how to

You thanked her by being on the run everytime you could.

When you were 18 years old, she cried at your high school graduation,

You thanked her by staying out partying all night. When you were 21 years old, ahe suggested certain careers for your future,

You thanked her by saying "I don't want to be like you." When you were 40 years old, she reminded you of a relative's birthday,

You thanked her by telling her "I'm really busy now." When you were 50 years old, she fell ill and needed you to take care of her.

You thanked her by reading about the burden parents become to their children.

And then one day she quitely died, and everything you never did.

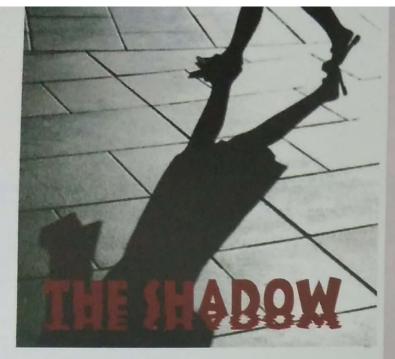
Came crashing down like thunder on your HEART. "If she is still around you, never forget to love her unconditional and unending love.

ALWAYS REMEMBER TO LOVE YOUR MOTHER... BECAUSE YOU ONLY HAVE ONE MOTHER IN YOUR ENTIRE LIFETIME."

- Nikita Singh (IX)

BOOM, BOOM, BOOM!

Hear ve! Hear all! Come, listen the stories of king. Some proud, some gentle, Of friend, helpful ghost, Of a clever frog and a wise kid



We moved to a new house Which looked creepy and old That was probably the reason Why it had been sold

That night as I lay awake
I heard a sound which was quite creepy
I thought it was our pet dog
So I decided to check though I felt sleepy

I went out my room
And saw a tall shadow
It probably belonged to a thief
Who was slim and narrow

I ran back to my room
And hid under my bed
And tried not to roll off to sleep
Keeping sleep out of my head

I waited and I waited
Till finally it was dawn
Then I got up from under the bed
Hoping the thief was gone

And peeped from behind the door
And to my utter astonishment saw
The shadow in the same place as before

And then I gathered all my courage

And went for ward to see

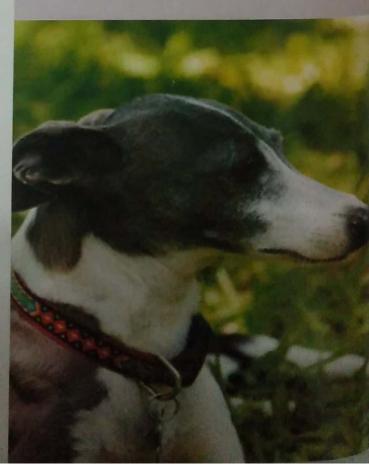
Who's shadow was it? Then I saw it was only a tree!

-Rhea Thakur (VIII)

ROGER THE DOG

Asleep he wheezes at his ease, He only wakes to scratch his fleas. He hogs the fire, he bakes his head, As if it was aloaf of bread. He's just a sack of snoring dog, You can lug him like a log. You can roll him, with your foot, He'll stay snoring where he's put. I take him out for excercise, He rolls in cowclap up to his eyes. He will not race, he will not romp, He saves his strength for gobble and chomp. He'll work as hard as you could wish, Emptying his dinner dish. Then flops flat, and digs down deep, Like a miner, into sleep.

-Avantika Dewagan (IV)



FAIRIES

come follow, follow me, You fairy elves that be. Which circle on the green, come follow me, your queen. Hand in hand, lets dance a round, For this place is fairy ground.

When mortals are at rest, And snorting in their nest, Unheard and unespied. Over tables, over stools, and shelves, We trip it with over fairy elves.

-Gavika (IV)

MY GRAND MOTHER

My grand mother is simply the best, How ever she is always at rest. She always makes me realise my mistakes, And I can tell you how much care she takes.

She is one in a milion,

And I've never and anyone like

her in the companillenium.

But when god a ded her,

my heart felt den stroke,

With tears in mayes,

I thought that every thing broke.

But now I know that she,

is there with me always.

With her by my side,

lalways spend wonderful days.

My Experience

One day, I couldn't believe my ears Far from my dears Overcoming the fears I heard what my mom had planned to do Send me to a boarding Which was quite like going to a zoo. I said to my mum, "How could you do this to me?" Tears in her eyes I could see She said, "I want you to become Someone whose strength no one would overcome". She said, "don't worry your future's good" And that I wouldn't starve of food Then I gave a roar of laugh And far fell my woollen scarf. Some days passed And then the time finally came When I couldn't hide my fearsome shame Yes my dad settled my things in the car We had to travel very far But then as we reached there I said dad it's not fair I couldn't find something to glare And outside I began to stare But my dad just hugged me tight And my brother glared at the sight And I began to cry And my mom gave a deep sigh And kissed me on my cheek And we pushed the door open creak! And now I am there in my school Totally enjoying and cool But I still remember that day In which I was never happy and gay. -Priam Goel (VII)



POVERTY

Their skin soak up the heat,
In the midnight leaving it as dark as sky.
Their eyes wide, white, pleading,
Begging to the passerby
They survive on streets
Half - naked bodies and dirty feet.
Searching for an entrance to the door,
Out of the circle of poverty.

The children who are supposed to read, Work under the sun in need.

Treated like dirt from the doormat, where, you, wipe your feet.

They say that the poor do crime.

But is it their fault?

What happens when there is nothing to eat?

And the child is crying

Not even bread and milk.

Disparity causes poverty
Poverty destroys peace.
At least, we can respect the poor
So the equality may increase.

-Akansha Bhatia (VII)

KITTENS

Kittens are sweet and cute;

Jumping here and there.

Blacky fur, blue.

Running after an announce and the squeaking to the s

- Avanet Khaneja (V)

A Funny Language

Do you know about this language?
This language is English which is very strange.
For these words we cannot change.
The plural of box is boxes,
But ox is oxen, never oxes.
The plural of mouse becomes mice,
But house never becomes hice.
The plural of man becomes men,
Why shouldn't pan become pen?
So, English is funny, we all agree,
It is the funniest language we have ever seen,

- Mahima



My History Book

When I open my history book, I just don't want to take a look. Oh! It's so boring, that I start snoring, Who can remember all these wars? So I go and sleep for hours, Seeing sweet dreams, That I'm Babur. Or Rana building the victory tower. Sometimes I think I'm Akbar- the great, Drinking the mango fruity crate. Once Birbal was on the mike, And Shah Jahan was on the bike. Then Mumtaz Mahal gave a clap, I felt on my cheek a tight slap. And in front of me, Stood my mother. She ordered me to open my book, -Sikha Shrestha Then I had to give it a look.

Sparkles

pid you know that Diyas lit on Moonless Diwali night signifies the end of darkness of ignorance and the signifies of light that enlightens all?

Well, this Diwali, let us enlighten ourselves regarding the hazards that Diwali celebrations pose to our hazards. There are 3 major ways in which the environment. There are 3 major ways in which the festival has an impact on our world.

Air pollution caused by fire crackers.

Excessive consumerism where people are tempted into buying various products.

High energy consumption.

For most people lighting of firecrackers is the highlight of Diwali. The brighter the sparkles, the louder the noise the greater is the thrill.

Little do people realize that in our overly populated and polluted towns and cities the joy of watching these fireworks is soon replaced by intense air pollution.

The toxic substances used in these firecrackers release toxic gases which are dreaded by the ailing and the old people.

One more sad aspect is the employment of small children in the cracker making industry. They handle toxic substances and die in their early teenage years. Crackers contains:

Copper: Which irritates the respiratory system.

Lead: Which harms the nervous system.

Zinc and magnesium: Whose dust and fumes induce vomiting and causes fever. The Supreme Court has prohibited rackers that generate noise of more than 125 decib. This loud noise can cause high BP and heart at in people and also causes immense suffering pirds and animals.

Well then, you may ask "Can we have no crackers on Diwali ??" I friends we can have an eco friendly Diwalil Let me all you how-

Firstly the old tradition of lighting oil lamps is better as it is a good alternative to electric lights which put heavy load on electrical energy sources.

With growing awareness people who are sensitive to nature use eco friendly crackers. These are now being made at Shivakasi in Tamil Nadu and are safer for even small children. They have attractive brand names like Rainbow Magic, Sweet 16, Mango Pie, Vacuum Magic etc. They work on the basis of vacuum combustion technique and do not emit smoke or fire.

People are being encouraged to use these by school children themselves who have given the slogans like 'Use Eco Friendly Crackers', 'Have an Eco Friendly Diwali'.

So friends remember to use crackers under the supervision of elders and maintain aim's length while lighting crackers with a candle. I wish you all a very happy, safe & eco friendly Diwali.

- Mallika Nayar (X)



HUMANITY

I value Humanity, To improve your personality. Try to be polite, As it will give you immense delight. When someone asks you to clear a doubt, Never show your anger and shout. Answer always with a cool mind, That person will be delighted, you'll find. Anger will surely ruin your health, And ultimately your wealth. Do your work always in time, Value humanity with a broad smile. Do your duty honestly, And always speak politely. People will honour you, throughout your life, Do good is the rule, all must abide. Don't forget and imbibe this quality, It's not a lie, its a hard reality. So to value humanity, Is the hall mark of personality. -Simran Arora (VII)

WAVERLEY

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The baby birds are in their nest,
The dear mother has no rest.
Mummy bird knows what to do,
She brings for them a worm or two.
"Hello babies! have your meal,
You are hungry, so I feel."
"When you've eaten, I am sure,
You will want a little more.!"

- Tanya Qureshi (V)

I VALUE THESE TEACHINGS

Live simple lives Gandhi ji thus preached and practised.
Love humanity Mother Teresa beseached.
Bhagat Puran Singh ji
taught us to offer the poor all help.
Bhagat Singh showed
How to put country before self.
Sunder Lal Bahuguna requested to
Treat trees as friends.
I value these teachings,
And hope these would set new trends.

- Shagun Swarup (VIII)





I tried to smile,
But there were silent tears in my eyes.
I tried to dream,
But fantasy was out of my access.
I tried to speak,
But silence sealed my sighs.
I tried to be successful,
But failures stopped my path.
I used failure as a manure,
And watered the plant of hope.
Then outgrew the tree of success.

- Zakiya Seraj (IX)

THE STRANGER

You watch every move I make,
You watch every step I take.
You're someone I don't know,
And I shall never know.
You're following me,
As I can see.
You're after my life
Holding a damn big knife.
I've seen you somewhere
I've no idea where.
You're coming to get me,
You're coming to kill me.
Will I survive?
Will I stay alive?

- Nithida Narang (VII)

The Law of The Garbage Cruck

One day I hopped in a taxi off for the airport. We were driving in the right lane when suddenly we were ablack car jumped out of a parking space right in front of us.

My taxi driver slammed on his brakes, skidded, and missed the other car by just inches! The driver of the other car whipped his head around and started yelling at us.

My taxi driver just smiled and waved at the guy. And I mean, he was really friendly.. So I asked, 'Why did you just do that?

This guy almost ruined your car and sent us to the hospital!'

This is when my taxi driver taught me what I now

"The Law of the Garbage Truck." He explained that many people are like garbage trucks... They run around

full of garbage,

full of frustration,

full of anger, and

full of disappointment.

As their garbage piles up, they need a place to dump it

and sometimes they'll dump it on you.

Don't take it personally.

Just smile, wave, wish them well, and move on. Don't take their garbage and spread it to other people at work, at home, or on the streets.

The bottom line is that successful people do not let garbage trucks take over their day.

Life's too show wake up in the morning with regrets.

So ...

Love the pe treat you right,

Pray for the who don't.

Life is ten posset what you make it and ninety percent how you take it!

Have a blessed, garbage - free day!!!

- Kaushik Mohan Agarwal (V)

My True 'n' Loyal Friends

All the way through life's journey, We've been together as one lock and key. A special role in each other's life, Just like a vegetable and a knife.

From class I when we were quarreling kids,

Till the end of that year when we became friendly and helpful kids

With each passing year, our friendship became more precious and old.

Now its from bronze to silver to gold.

Never will I have such friends now.

Coz we're towards the end of our Waverley's journey. But we'll still miss each other 'n' get no good friends

Coz Waverley has given me kind, supporting, true 'n' loyal friends...

- Jaspreet Salwan IX

FREEDOM ALWAYS

Freedom of every kind Freedom of the soul and of mind. It dispels fear, And wipes out tears. It gives us true pleasure, Which is the real treasure. It enables to stand high, to reach our hands up to the sky. Of all the things gracious, Freedom is the most precious. It strengthens our souls, To achieve our precious goals. It stands above all things,

To make ourselves a human being.

- Aishwaria Sajdeh (VII)



दोस्ती है एक अनमोल रतन, स्वार्थ रहित एक प्यारा बन्धन। दोस्ती वही है जो किसी के काम आये, ना कि मुसीबत आने पर भाग जाये। दोस्ती के हैं बड़े फायदे, लेकिन उसके भी होते हैं कुछ कायदे। दोस्ती किसी से भी हो जाती है, पर सच्चे दोस्त से ही निभाई जाती है। मैं तो सबको ही दोस्त मानता हूँ। और मुसीबत में काम भी आता हूँ। जानवरों व पेड़ों से भी मेरी दोस्ती है, प्राकृतिक सम्पदा को बचाना मेरा कर्तव्य है, में जानवरों को भी अपना दोस्त मानता हूँ, आदमी से ज्यादा वफ़ादार हैं ये जानता हूँ। मत मारो इन्हें ये हमारे सच्चे मित्र हैं, ाव नफरत की आग बुझाओ सब,

का हाथ बढाओ सब।

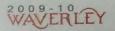
वे बैनर लगा गये। लोगों, भाईयों और बहनों को वे अपने पोस्टर बाँट गये।

> रैलियाँ चलीं, दंगे हुए, पन उनके वादे सच्चे न हए। जहां हुई पानी की किल्लत, बहती गंगा के सपने लेकर आ गर्य। इलैक्शन क्या आए,

दूरदर्शन और अखबारों पर वे छा गये।

जी हाँ ये वही हैं. भारतीयों के नाम पर कलंक हैं। ये हैं हमारे देश के नेता. जो भ्रष्टाचार लेकर आ गये। रोशनी मांगोगे तो, अंधकार देंगे, न्याय मांगोगे तो, भ्रष्टाचार देंगे। सिर पे छत मांगोगे तो, उजड़ी बस्तियाँ देंगे। और वे आ गये. वोटों की भीख मांगने आ गये।

- सृद्धि गायल, कक्षा 10





विधार्थियों के लिए अनुपयुक्त है

ा आपने कागज के सुन्दर फूलों में खुशबू को महसूस किया है? क्या आपने चमक दमक दिखावें के जीवन की असलियत जानी है? क्या आपने बढ़ते बाल अपराधों के कटु सत्य । जानने की कोशिश की है? मेरे ये सभी प्रश्न बनावटी जीवन की ओर इशारा करते हैं।

च्व में महान व सफल व्यक्ति का आधार विद्यार्थी जीवन ही रहा है, जीवन की इस राह में व्या गया अटूट परिश्रम व अर्जुन के लक्ष्य जैसी एकाग्रता से ही जीवन की उँचाईयों को ने की प्रेरणा मिलती है। यदि विद्यार्थी जीवन में मेहनत व लगन नहीं है तो वह जीवन भी सफल नहीं हो सकता। यदि विद्यार्थी अपने आस—पास की चमक दमक में खो जाए वह कभी भी अपने लक्ष्य को नहीं पा सकता, बस क्षणिक माया जाल में फँस कर अपना मय व अपने माता, पिता का धन नष्ट करने के अतिरिक्त वह कुछ नहीं कर सकता । र्वजों का यह कथन कितना सत्य है अच्छी आदतों से ज्यादा बुरी आदतें जल्दी आकर्षित न्ती हैं। छात्र उत्सुकता के कारण धैर्य एवं बन्धन की सारी सीमाएं तोड़कर धरती मसमान को एक करना चाहते हैं। तभी तो आजकल का विद्यार्थी फैशन, सैर सपाटा, सेनेमा, टेलीविज़न, मोबाईल व अन्य आकर्षित चीजों से बाहर नहीं निकल पाता। ये सभी वीजें पढ़ाई से विमुख ही करती जाती हैं। यहाँ तक की कुसंगति में पड़कर कुछ विद्यार्थी भुमपान व नशे के शिकार भी हो जाते हैं। आधुनिकता के इस दौर में छात्र सिनेमा के हीरो, हीरोईनों व खिलाड़ियों की अपनी शान समझते हैं। परन्तु समाज के आदर्श महापुरुषों का अनुसर ार्हें पिछड़ापन लगता है। ऐसे छात्रों का जीवन अंबकारमय होता है।

अत्यन्त दुःख का वि विद्यार्थियों का यह वर्ग अपने माता, पिता की कड़ी मेहनत व उनके सप विल्कुल परवाह नहीं करते। यही नहीं अपने देश में बने कपड़ों व वस्तुओं को भी हीन माव से देखते हैं और विदेशों के बने महंगे ब्रान्डेड कपड़ों और वस्तुओं का प्रयोग करने में अपनी शान समझते हैं और अपने सीघे—साघे साथियों को रिझाने की झूठी कोशिश करते हैं। ऐसे छात्र पर 'थोथा चना बाजे घना' की कहवत सही चरितार्थ होता है।

ये बनावटीपन आज ही नहीं वरन प्राचीन काल से ही किसी न किसी रूप में प्रचलित है। तभी तो कबीरदास जी ने भी अपने समय में बनावटी प्रिय व्यक्तियों को फटकारते हुए कहा है —

मुखड़ा क्या देखे दर्पण में, तेरे दया धर्म नहीं मन में, एंठी धोती पग लपेटी, तेल चुआ जलफन में, गली-गली की कली रझांई, दाग लगाया तन-मन में।

अन्त में मैं यही कहना चाहूँगी कि ये कृत्रिम जीवन समाज में कोढ़ की तरह फैल रहा है। बढ़ता भ्रष्टाचार व धन के प्रति आकर्षण, विद्यार्थियों की इस दशा के लिए जिम्मेदार है। बनावटी जीवन छात्रों को एकाग्रता से दूर करना है और उनमें अस्थिरता लाता है। अतः विद्यार्थियों को अपने जीवन में 'सादा जीवन उच्च विचार' कहावत को चरितार्थ करना ही होगा। ये तभी संभव होगा जब सारा समाज इस बनावटीपन को छोड़कर स्वाभाविक जीवन की ओर अग्रसर होगा।

- अर्पिता ममगाई, कक्षा - 10



भारत की बेटियाँ

काम करे नहीं बेटा ऐसा, बेटी ने कर डाला बनी प्रधानमंत्री देश की सारा काम संभाला, आँखों में था एक ही सपना अपने देश का गौरव कैसे बढ़ाऊँ माता कमला, पिता जवाहर दादा जिसके मोती इलाहाबाद में जन्मी ऐसी किस्मत किसकी होती पर हमारे देश के लोगों को, यह क्या हो रहा है बेटी जन्म लेने पर दुःख का माहौल बनता है वे नहीं जानते क्या कर रहे हैं वे इस बात से अन्जाने हैं इस देश में हुई ऐसी बेटियाँ. जिन्होंने देश का गौरव बढाया है या हो किरन बेदी, या हो प्रतिभा पाटिल ये भी हैं किसी की बेटी ये हैं हमारे देश की गौरव इनको मत समझो बेटों से कम। - ज्योतिश्ना सिंह, कक्षा -5

WAVERLEY 95



सालों की गुलामी के बाद सन् 1947 में हमारा देश आज़ाद हुआ। आज़ादी के बाद 26 जनवरी 1950 को हमारा संविधान लागू हुआ। इसी दिन देश को गणतंत्र घोषित किया किया तभी से प्रतिवर्ष 26 जनवरी को गणतंत्र दिवस मनाया जाता है। रावी नदी के तट पर अखिल भारतीय कांग्रेस ने जो सपना देखा था वह पूर्ण स्वराज्य का उत्सव प्रतिवर्ष मनाया जाता है। इस दिन देशभर में सार्वजनिक अवकाश रहता है। देशभर में तथा राजधानी में समारोह का आयोजन होता है। कर की सलामी लेते हैं तथा राजकीय भवनों पर रोशनी की जाती है।

देश की राजधानी दिल्ली में तो इस अवसर पर भव्य परेड का आयोजन किया जाता है। इस दिन की पूर्व संध्या पर राष्ट्रपति देश के नाम संदेश देते हैं। अगले दिन राजपथ पर लड़े सुबह से ही परेड देखने के लिए जमा होते हैं। यह परेड राष्ट्रपति भवन से लाल किले तक चलती है। पूरे रास्ते के दोनों ओर जनता की भीड़ देखते ही बनती है।

इस अवसर की तैयारी महीनों पहले से ही आरंभ हो जाती है। इस अवसर पर देश भर के मंत्री, संसद सदस्य, राजदूत तथा विदेशी मेहमान आते हैं। यह राष्ट्रीय पर्व हमें शहीदों के इक

- तन्वी कपूर, कहा

मसूरी का मौसम

THE R. L.

गज़ब छा गया है मसूरी का मौसम
मुझे भा गया है मसूरी का मौसम।
यहाँ आधुनिकता के जलवे ही जलवे,
दिखाता रहा है मसूरी का मौसम।
ये बाँहें, निगाहें, अदायें हैं हरसू,
मज़ा ही मज़ा है, मसूरी का मौसम।
नज़ारे नज़र को बनाते हैं पागल,
नशा ही नशा है मसूरी का मौसम।
दुकानों, बाज़ारों की सड़कों की रौनक
ये त्यौहार सा है, मसूरी का मौसन,
यहाँ प्यास भी है और तृष्टि



हंकल समय

हर कि अपनी जिन्दगी की मुश्किलों से परेशान होकर, हार मान कर अपने विताजी के वास आई और उन्हें अपनी सनस्या बताई। उसके विताजी उसे रसोईव्य में ते गये और का कि तरना प्रमाण कर । फिर उन्होंने पहले उसमें कुछ गाजर डाले और थोड़ी देर बाद उन्हें बाहर निकाला इसके बाद उन्होंने कुछ अपडे उसमें डाले और थोड़ी देर बाद उन्हें बाहर निकाला इसके बाद उन्होंने कुछ अपडे उसमें डाले और थोड़ी देर बाद उन्हें में कार के किया है। इसके बाद उन्होंने कोंफी के कुछ बीज उसमें डाले और अपनी बेटी को इन सब पर ध्यान देने को कहा। वह नुमवाप खड़ी हुई यह देख रही थी।

मू अपने के बाद सन्होंने सससे कहा कि देखो गाजर जो पहले कठोर थी पानी में गई और अपनी सारी कठोरता खो कर कोनल बनकर बहर आई, उधर अपने जो बहुत कमजेर. भू है करने पाने वाले थे, यानी में गए और कठोर बन कर बाहर निकले। कॉफी भी पानी में गई लेकिन उसने तो पानी का रंग ही बदल दिया। उसने कुछ निराल किया। तब वह बेले करता है। क्या हम गाजर है? अर्थंड है या फिर कॉर्जी?

क्षि व्यवस का बतांव हम अपने मुश्किल समय में करेंगे, उसी प्रकार का परिणाम हमारे सामने आएगा। इसलिए हमें हमेशा दृढ रहना चाहिए और हार नहीं माननी चाहिए।

- शेकानी बहोनी



सीरियल बम बलास्ट कर कई मासूनों को मीत की नींद सुजा दिया। अभी हमारे देश के सबसे बड़े होटलों में से एक ताज होटल, नरीमन हाऊस और ओबराव होटल में हथियारों से लैस ये आतंकी कई बेगुनाह लोगों को मौत के घाट उतार चुके हैं। हमारे देश के जवानों ने भी अपनी जान की बाजी लगाकर सभी आलंकियों को मार मिराया।

अतः इस दनिया में आतंक मिटाने के लिए सभी देशों को मिलकर कदम उठाना पहेगा। अतंकवदियों के प्रशिष्टण केन्द्रों को समान करना होगा ताकि कोई आतंकी प्रशिक्षण न ले सके और आतंक को जह से मिटाया जा सके।

आतंकवाद

से जुझता भारत

कात एक आतंकवाद ग्रस्त देश है। जब से भारत स्वतंत्र हुआ है तब से ही भारत आतंकराद से जूझ रहा है। जम्मू-कश्मीर जो भारत का मस्तिष्क कहलाता है वहाँ के लोग अब भी दहरात की जिन्द ें जीने को मजबूर हैं। वहाँ के लोग शाम के वक्त रात होने से हते ही घर में पुस जा का बात का एहसास ही नहीं होने देने के लिए कि यहाँ होई पर भी है।

ब्लक्यरी का न तो कं। वेता है और न ही उसे किसी बात का डर सताता है। तों है बस एक ही बात सम्बद्ध होती है कि नमार डालों या खुद मर जाओं।

हिन्दुत नुजाहेददीन सरकातीयबा आदि ऐसे कई छोटे-छोटे संगठन हैं जो पाकिस्तान व स्कार नवपुवकों को ट्रेनिय दिलवाते हैं और भेज देते हैं मासूमों की जान लेने के लिए। केतान में पनव रहे ओसामा बिन लादेन जैसे आतंकवादी ने ने वर्ल्ड ट्रेड सेंटर न्यूयार्ड म हवई हमते कर कई मासूमों की जान ली। यही नहीं, मुम्बई में हुए सीरियल बन ब्लास्ट तथा उसके बाद दिल्ली, जयपुर, आसाम और रामपुर में भी आतंकवादियों ने

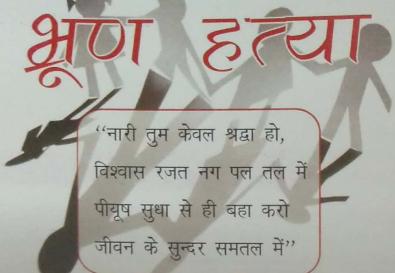
देखो हँस न देना

औरत (दूध वाले से) ... भइया कल तुन्हारा दूध बहुत खट्टा था हुत वाला - स्था करूँ बहन जी कल मेरी भैंस ने चार - पांच नींब सा तिये थे।

दोस्त - ये टाई तुमने कितने में खरीदी? दूसरा दोस्त - मुझे तो पता नहीं, क्योंकि जब मैं इसे लाया था तब दुकानदार दुकान में था ही नहीं।

जादूगर - बच्चों देखों अभी इस दिखे में रूमाल डालुंगा मंत्र पहकर उसे कबुत्तर बना द्गा।

एक बच्चा - यह कौन ती बडी बत है हमारे टीवर तो बिना मंत्र रहे लेख ही मुझे मुनां बना देते है।



वैदिक काल में नारी को सृष्टि प्रक्रिया की आधार भूमि माना जाता था। धार्मिक क्षेत्र में कोई भी कार्य स्त्री के बिना सम्पन्न नहीं होता था। वह सम्मानित जीवन यापन करती थी। वंश परम्परा भी नारी के नाम पर चला करती थी। मैत्रेयी, अनुसुइया, सावित्री आदि प्रतिष्ठित महिलाएं इसका उदाहरण हैं। प्राचीन ग्रंन्थों में ऐसे उदाहरण भी मिलते हैं जहां नारियां युद्धभूमि में पित का साथ कंधे से कंधा मिला कर दिया करती थीं। उस युग में नारी की इच्छा का सम्मान किया जाता था।

परन्तु मध्य युग में नारी की स्थिति में परिवर्तन आया। वह भोग —विलास की तथा सजावट की वस्तु मात्र बन कर रह गई। उसका अस्तित्व समाप्त हो गया।

आधुनिक काल में नारी की स्थिति में परिवर्तन आया। समय ने फिर करवट ली। स्वामी दयानन्द, राजा राममोहन राय जैसे महान व्यक्तियों के प्रयासों से नारी की स्थिति में परिवर्तन आया उसे शिक्षा प्रदान की जाने लगी। उसे पुरुषों के समान बराबर अधिकार दिये जाने लगे। परन्तु क्या वास्तव में नारी आजाद हुई? क्या उसे मानसिक स्वतंत्रता हासिल हुई? ये कुछ ऐसे सवाल हैं जो कन्या भ्रूण हत्या से जुड़े हैं। भ्रूण हत्या का सम्बन्ध सीधे नारी से जुड़ा है। तो आइये पहले जानते हैं कि भ्रूण क्या है? और हत्या क्या है? मिट्टी की परत के नीचे जब बीज विकसित होता है और हम उस परत को वहाँ से हटा दें तो बीज पेड़ बनने से पहले ही कालकवितत हो जायेगा और जिस कल की आशा करते हैं वह कभी नहीं मिलता। हत्या के सन्दर्भ में देखा जाये तो उसका सीधा सा तात्पर्य विकास की जाति को ही खत्म करना। अब यहाँ कन्या भ्रूण हत्या का मतलब गर्भ में पल रहे जीव को उसके अन्दर ही खत्म कर देना। उसे गहन नीड़ अन्धकार गुफा में एक रोशनी की किरण देने की बजाय उसी गहन गुफा के अन्धकार में ही खत्म कर देना।

'माँ' शब्द के साथ कितनी गहन संवेदनाएं और करुणाएं जुड़ी हैं। अब एक माँ ही दूसरी माँ की हत्या करने, माँ की भावनाओं और 'माँ' शब्द में समाहित असीम शक्ति की परीक्षा का आज खुल्लमखुला कलंक है।

आज एक माँ ने भविष्य की माँ की गहन नीड़ अंधकार में हत्या कर दी 'माँ' की असीम शक्ति की 'प्रेरणा' आज डोल रही है।

भ्रूण हत्या जैसे प्रयास को रोकने के लिए अनेक कानूनों को पारित किया जा रहा है। सरकार बेटी की हत्या को लेकर जागरूक है और मानव की मानसिकता को रोकने के लिए मानवीय मूल्यों को स्थापित करने तथा भ्रूण हत्या को रोकने के लिए विभिन्न समाजिक संगठनों द्वारा अनेक कार्यक्रमों का प्रचार तथा प्रसार किया जा रहा है।

जैसे "अपनी बेटी अपना धन" बेटी बचाओं जैसे कार्यक्रम सरकार द्वारा चलाये गये हैं। लड़कियों की शिक्षा नि:शुक्क की गई है। विभिन्न सरकारी योजनाओं को लागू करने का उद्देश्य यही है कि माँ—बाप अपनी बेटी को बोझ समझ कर गर्भ में ही उसकी हत्या न के अपितु, उसे जन्म देकर उसे अच्छी तरह पालन पोषण करें और उसे आगे पढ़ने का अवसर है। प्रकृति के सन्तुलन के साथ व्यक्ति अगर स्वार्थ सिद्ध करेगा तो उसे उसका परिणाम के भगतना पड़ेगा। भ्रूण—हत्या से जो मानवीय असन्तुलन पैदा होगा उसका परिणाम के भयानक होगा। मानव सभ्यता पर ऐसा सवाल उठेगा जिसका उत्तर खोजने में सिद्ध लग जायेंगी। उस समय हम बहुत पीछे चले जायेंगे।

अतः आवश्यक है कि अब भ्रूण हत्या को रोकना पड़ेगा / होगा। यह प्रश्न किसी एक बाहिस सम्बन्धित नहीं अपितु पूरी मानवता से सम्बन्धित है ताकि भ्रूण हत्या को खत्म करके हिमानवीय सभ्यता का विकास किया जाये।

समाज में परिवर्तन अथवा कोई भी क्रान्ति लाने में केवल सामाजिक संगठनों एवं सरका योजनाओं का योगदान तब तक पूरा नहीं हो सकता जब तक हम अपनी मानिक संकीर्णता को खत्म नहीं कर देते। अतः समाज में फैली इस दर्दनाक एवं शर्मनाक कुनी को खत्म करने के लिए हमें स्वयं को तथा लोगों को जागरूक करना होगा।

अपने जीवन के लिए सम्पूर्ण मानवता के लिए सम्पूर्ण सृष्टि के जीवन के लिए हमें शोर मचाना होगा हमें हल्ला बोलना होगा पूरे वेग से, पूरे आवेश से चिल्लाना होगा खामोश नहीं रहना होगा नहीं तो 'बीज' का अन्त हो जायेगा।

– इशिता सिरोही, कक्षा - 10

महा के हारे हार है

जब एक आदमी ने कुछ हाथियों को एक छोटी सी रस्सी से बंधा हुआ देखा तो वह बहुत आसानी से तोड़ सकते थे तो उसने उनके मालिक से पूछा – 'ये इतने बढ़े जानवर एक छोटी सी रस्सी से बंधे हैं क्या ये कभी भागने की कोशिश नहीं करते?' यह सुनकर उसने जवाब दिया – जब ये बहुत छोटे थे तब हम उन्हें इसी रस्सी से बांधा करते थे, यह उन्हें पकड़ने के लिए काफी थी और वह कभी खुद को छुड़ा नहीं पाते थे। जब ये बड़े हुए तो उन्हें यकीन हो गया और उनका आत्म विश्वास बढ़ गया कि ये कभी इसको तोड़ नहीं सकते। वह अभी भी इसी विश्वास में जी रहे हैं कि यह रस्सी अभी भी उन्हें पकड़ सकती है और वह कभी भी उसे तोड़ने का प्रयत्न नहीं करते।

यह सुनकर उस आदमी को बहुत आश्चर्य हुआ। ये बड़े जानवर जो कभी भी अपने बंधन तोड़ सकते थे, ऐसा न कर सके सिर्फ इसलिए क्योंकि वह सोचते हैं कि वह नहीं कर सकते इसलिए वह वहीं रुके हुए हैं जहाँ वह थे।

इसी प्रकार इन हाथियों की तरह हम लोग भी अपना जीवन इसी यकीन सें व्यतीत कर रहे हैं कि हम नहीं कर सकते, सिर्फ इसलिए क्यों वह पहली बर कामयाब नहीं हो सके थे। इसलिए हमें जरुरत है कि हम अपने बंधन खोले और अपने जीवन में प्रगति करें।

- शेफाली बडोनी

नवयुक्क से

कृत क्रितं हो या काँटे हो. इह न अपनी छोड़ो तुम। याहे जो विपदाएं आयें मुख को जरा न मोड़ो तुम।

साब वहें वा रहें न साधी. इसत मगर न छोड़ो तुम।

नहीं कृपा की मिक्षा माँगो. कर न दीन बन जोड़ो तुम।

तब तक जान बनी हो तन में,

इस ईश्वर पर रखो भरोसा, पाठ प्रेम का पढ़े चलो।

- श्रव्या गोयल, कक्षा - 5

अंजीव

मंजीव पिछले पन्द्रह दिनों से लापरवाह हो गया था। न कभी गृह—कार्य करके लाता, न हंग से कपड़े पहनता। कभी पुस्तकें घर घर छोड़कर आता । अध्यापिका ने उस दिन परेशान होकर उससे पूछा कि तुम पढ़ना चाहते हो कि नहीं, यदि पढ़ना चाहते हो तो यह सब क्या है?

इस प्रस्त का संजीव ने कोई उत्तर नहीं दिया और चुपचाप खड़ा रहा। अध्यापिका बड़ी बराज हुई और संजीव का कान पकड़कर उसे खींचते हुए प्रधानाचार्य के कार्यालय में ले गई। वहाँ जब उसे डाँटा गया और बार—बार सवाल किया गया तब उसने बोला "मेरी माँ बहुत बीमार है पिताजी का पहले ही देहान्त हो चुका है और घर में मेरी एक छोटी बहन भी है। मुझे ही माँ का ध्यान रखना पड़ता है। माँ चाहती है कि मैं रोज विद्यालय आऊँ"। उसने बहुत बीमार ली और आगे बोला "घर में पैसे भी नहीं हैं माँ के लिए दवाई कैसे खरीदूं?" इनन कहते—कहते वह रो पड़ा और रोते हुए अपने घर की ओर दौड़ पड़ा।

बन के पास पहुँचा तो उसने देखा कि उसके घर के बाहर गाँव के कुछ लोग खड़े थे। जब बहु देहकर वहाँ पहुँचा तो उसने देखा कि उसकी माँ अब इस दुनिया में नहीं रही और विकास किया कि पास बैठी उसे जगाने का यत्न कर रही है। यह दृश्य संजीव से किया अपनी बहन को गले से लगाकर वह भी फूट-फूट कर रोने लगा। गाँव वालों ने उसे समझाया कि हिम्मत से काम ले। जैसे ही गाँव वाले उसकी माँ की अर्थी उठाने लगे किया।

में का दाह-संस्कार हो चुका था। अब वह विहा जी नहीं जा सकता था। उसकी बहन की देखनाल करने वाला कोई नहीं था। कुछ दिनों तक तो घर में रखे हुए अनाज से भोजन की व्यवस्था हो गई। शीघ्र ही सब कुछ समाप्त होता जा रहा था। संजीव की चिन्ता बढ़ती जो नहीं थी रिश्तेवारों से भी कोई सहायता नहीं मिल रही थी। एक दिन संध्या के समय दरवाजे पर खटखटाने की आवाज सुनाई दी। सजीव ने दौडकर दरवाजा खोला तो देखा कि उसके मामा मामी अपने तीन बच्चों के साथ खड़े थे। संजीव बड़ा खुश हुआ, उसने सोचा अब उसके दुःख के दिन दूर हो जायेंगे। उसने अपने मामा मामी को बैठाया और उन्हें पानी पिलाया। ये लोग अपने साथ बहुत सारा सामान लेकर आये थे। मामी ने संजीव तथा उसकी बहन से प्रेम से बातें की। सामान निकाल कर खाना। बनाया और सबको खिलाया। संजीव अत्यन्त खुश था उसने सोचा अब उसे व उसकी बहन को सहारा मिल गया।

भोजन के बाद उसकी मामी ने अपना सामान खोला। अलमारी में से सजीव को गठरी निकालकर अपना सामान रखने लगी। संजीव की समझ में कुछ नहीं आ रहा था। मामा के बच्चों में एक लड़का संजीव की उम्र का था, उसने संजीव को बताया — "तुम अपनी बहन को लेकर यहाँ से भाग जाओ। ये लोग तुम्हें मार सकते हैं।" अब संजीव को समझ आया कि उसकी मामी इतनी चिकनी—चुपड़ी बातें क्यों कर रही थी। उसने रात को ही अपनी बहन को उठाया और घर से निकल पड़ा।

चलते—चलते वे दोनों थक गये। उसकी बहन को अंधरे में बहुत डर लग रहा था। वे दोनों एक पेड़ के नीचे सो गये। जब आँख खुली तो धूप खिल चुकी थी। संजीव मन ही मन भगवान से प्रार्थना कर रहा था। उसने एक महिला को रास्ते पर आते हुए देखा। जब वह पास पहुँची तो चह चौंक गया। उसने उठकर उन्हें नमस्ते किया। वह महिला संजीव की अध्यापिका थी। संजीव व उसकी बहन को देखकर वह चौंक उठी। उसने संजीव से सब कुछ पूछा। उसे दोनों की दशा देखकर बहुत दुःख हुआ। वह दोनों को अपने घर ले गई, दोनों को भोजन खिलाया। संजीव की पूरी कहानी सुनकर अध्यापिका ने कहा— "तुम डरो नहीं, मैं तुम्हें न्याय दिलाऊँगी।" उसने दोनों बच्चों को अपने घर में रख लिया, उनकी पढ़ाई का प्रबन्ध किया।

- सुष्टि गोयल, कक्षा 10

पेड़ लगाओ

पेड़ लगाओं, पेड़ लगाओं, ताजी हवा दवा सी पाओं, पेड़ हमें खुशहाली देंगे, जीवन को हरियाली देंगे, नई ताज़गी से भर देंगे. बच्चों धूप से छाया देंगे पेड़ हमें खुशहाली देंगे पेड़ लगाओं, ताजी हवा दवा सी पाओं।

- शेफी जैन, कक्षा -7



लल्लू की बीवी

यह उस जमाने की बात है जब बहुत कम लोगों के पास टेलीविजन हुआ करता था पडोसी के घर आया जो टी. वी. देख न जल गई लल्लू की बीवी रो-रो कर बोली, मृश्किल है जीना देखा न जाए पराया एंटिना टी. वी. मुझे दिलाते नहीं हो जी के जलन को मिटाते नहीं हो बहुत सहा है अब न सहंगी अब न रहंगी, हाय मैं तो मरुंगी। गैस सिलेंडर से मैं आग लगाऊँगी चौखट पे तेरे मैं जल कर मर जाऊँगी। यह सुनकर लल्लू को आया पसीना घबराकर बोले रुक जा हसीना मरना ही है तो कुंए में कृद जा या फिर हवेली की छत से कूद जा लेकिन हे भगवान न कर गैस को बर्बाद।

– आकांक्षा भाटिया, कक्षा – ७



वीरता

वीरता है सच्ची शान विपत्ति जब भी आती है वो सर्वनाश कर जाती है वीर वही कहलाते हैं जो काँटों पर सेज बिछाते हैं।

> जो अचल अडिग हो जाते हैं नहीं दुश्मन से घबराते हैं वो नाकों चने चबाते हैं। वो जीत को गले लगाते हैं।

वीरता है एक जज्बा वीरता ही वीरों की पहचान प्रणाम है उन वीरों को जिनकी वीरता ही शान है - 2

- सिमरन अरोडा, कक्षा -7

पहिलियाँ

- एक हाथ से मुझे घुमाओ, पीस-पीस कर खाते जाओ।
- आसमान से मैं आ जाती, हरी घास को स्नान कराती खली सडक पर चलती जाती, मन किसान का मैं हर्षाती
- बझो, सोचो, मेरा नाम, कभी न घटना मेरा काम, आगे बढ़ना मेरा काम, बोलो बच्चों मेरा नाम।
- जो आए उसे काट गिराऊँ, बिन काटे मैं चैन न पाऊँ फिर भी तुम मुझको चमकाते, सुबह शाम हरदम नहलाते।
- पानी मेरा बाप, पानी ही मेरा बेटा, मुँह ऊपर कर देखों मैं हूँ ऊपर लेटा
- एक मूर्ग चश्मृददीन चलते-चलते थक गया, लाओ छ्री गरदन कार्ट पर फिर से चलने लग गया।
- एक जानवर ऐसा, जिसकी दम पर पैसा।
- हरी थी मन भरी थी, लाख मोती जडी थी, राजा जी के बाग में, दुशाला ओढ़े खड़ी थी बाल थे उसके कच्चे-पक्के, मुखड़ा था सुहाना।

155ff .8 5lf .7

1. चवकी 2. बारिश 3. उम्र 4. दात 5. बादल 6. पीसेल

जाकिया सेरज, कक्षा -

जिन्दगी

दुर्घटनाओं, हादसों, चुनौतियों का नाम है जिन्दगी भूल करना, फिर शोक मनाना, पछताना, रुक जाना..... नहीं! भविष्य की ओर कदम बढ़ाना ही है जिन्दगी माना कि किये हैं इसने बहुत से सितम दिये हैं धोखे और जख्म पर उन जख्मों से फल खिलाने का नाम है जिन्दगी बहुत गहरे छिपे दर्द को हँनी में उड़ाना है जिन्दगी इसे पुरस्कार की तरह जी कर- दाम चुकाना है जिन्दगी।

- शगुन स्वरूप, कक्षा -

नन्हें नन्हें पंछी

हम हैं नन्हे नन्हे पंछी तिनका दबा चोंच में लाते फूल भरी बीगेया में बच्चों अपना सुन्दर नीड बनाते चीं-चीं, चूं-चूं गीत सुनाते नन्हें बच्चों के हाथों से दाना लेकन फूर उड जाते

- पलख कवकड, क्या -1

तीन का महत्व

कार्य को नष्ट कर देती हैं - क्रोध, लोम और अत्याचार

क्षेत्री जो प्रतीक्षा नहीं करती। - मृत्यु, समय और रोग

क्षेत्र तव सम्मान करना चाहिए - माता, पिता और गुरु

क्षेत्रम्म प्रेत है।

- ईमानदारी, सज्जनता, और विद्वानता

- शैफी जैन, कक्षा - 7

पेड़ लगाओं वेश्व बचा

क्षों के देश से, वृक्षों के बीच से ताई हूं कुछ विचार, आप तक आपके लिए,

मानव के रक्षक कार्बन के भक्षक

गयु के शुद्धिकारक, प्राणों के प्राणाधर,

क्रती को सजाएं, शरती को संवारे

सबु से मान यह वातावरण के कर्णधार

रनकी तथा इनकी रक्षा पर हो चुका बहुत विचार

नाओं मिलकर कुछ कर दिखलाएं

दे दें मानवता को नया आधार

वन ित पर पेड़ लगाएं बच्चों में जागळकता लाएं

नर किछ जाए कोई साथी

बादल

गगन में शान से घिरते हैं घुमड़ते सांवरे बादल, बहकते फिर रहे कैसे गगन में बांवरे बादल। अभी कुछ देर पहले, पूरव की तरफ से उठकर धरा को ढंक दिया इसने, उमड़कर, फैलकर, झुक कर

– शैफी जैन, कक्षा –7

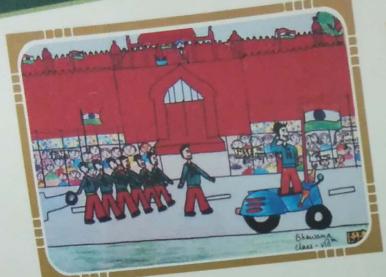
हँसी का महत्व

जिन्दगी में हंसी है सबसे जरुरी इसके बिना है जिन्दगी अधूरी। जीने के लिए आवश्यक है हवा, हंसी है हमारे गमों की दवा। हंसने में है जीवन का मजा जिससे रहे दिमाग तरो-ताजा जिसकी हालत हो बेहाल हंसने से उसका जीवन बने खुशहाल हंसी है जीवन का महत्वपूर्ण अंग, यह भर देती नीरस जीवन में रंग गुस्से को करती शान्त मन को न करती भ्रान्त यदि हंसने की हो चाहत मन को मिलती राहत हंसी में है जीवन का मिठास भुला देती दुखों का एहसास हंसना है जिन्दगी में सबसे जरुरी इसकें बिना है जिन्दगी अधूरी।



- सिमरन अरोडा, कक्षा -7

ART GALLERY



Bhawana, VIII





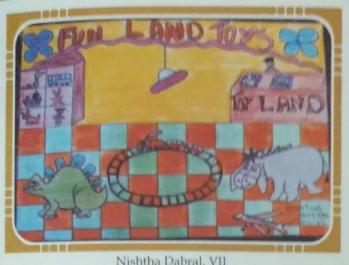
Palak Kakkar, VII WAVERLEY







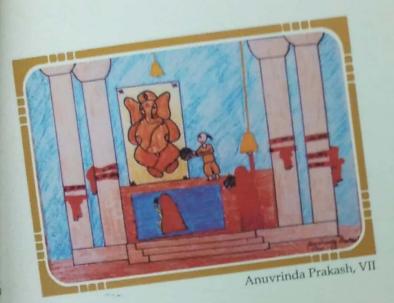
Stanzin, VI



Nishtha Dabral, VII

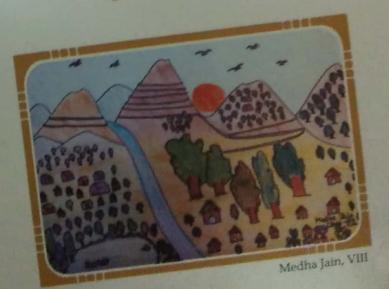


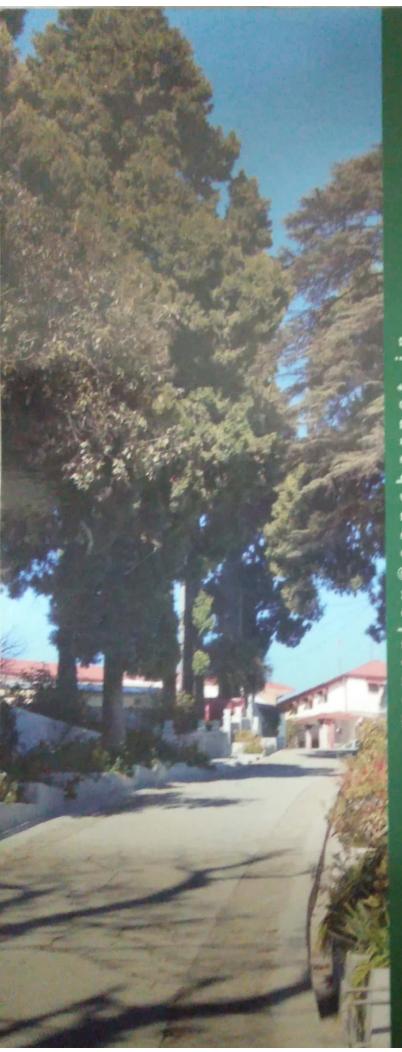
Rudrani, VI





-Aprajita Agarwal, X





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