



### From the Editor's Desk

As winds of change are sweeping across the globe in the field of education with computer technology dominating the scene, Waverley is looking ahead with greater stress on computer education right from class I. From this year senior students have been provided supervised access to the Internet.

The C.B.S.E. results, year 2000 were very good with many distinctions and first divisions. A number of our students got admission in some of the best schools of Delhi and Bangalore and they are doing very well.

An important achievement this year was the initiative taken by some class X students to introduce a monthly news magazine 'Waverley Update' highlighting the major activities of the school. Compiled and edited by the students, it was a roaring success and made delightful reading for everyone.

In games and sports the spirit to hard work and healthy competition prevailed and this year too Waverley outshone the other girls schools in the C.B.S.E. Athletic meet held at Dehradun. The championship trophies in all the divisions including the trophy for the best march past were lifted by our atheletes.

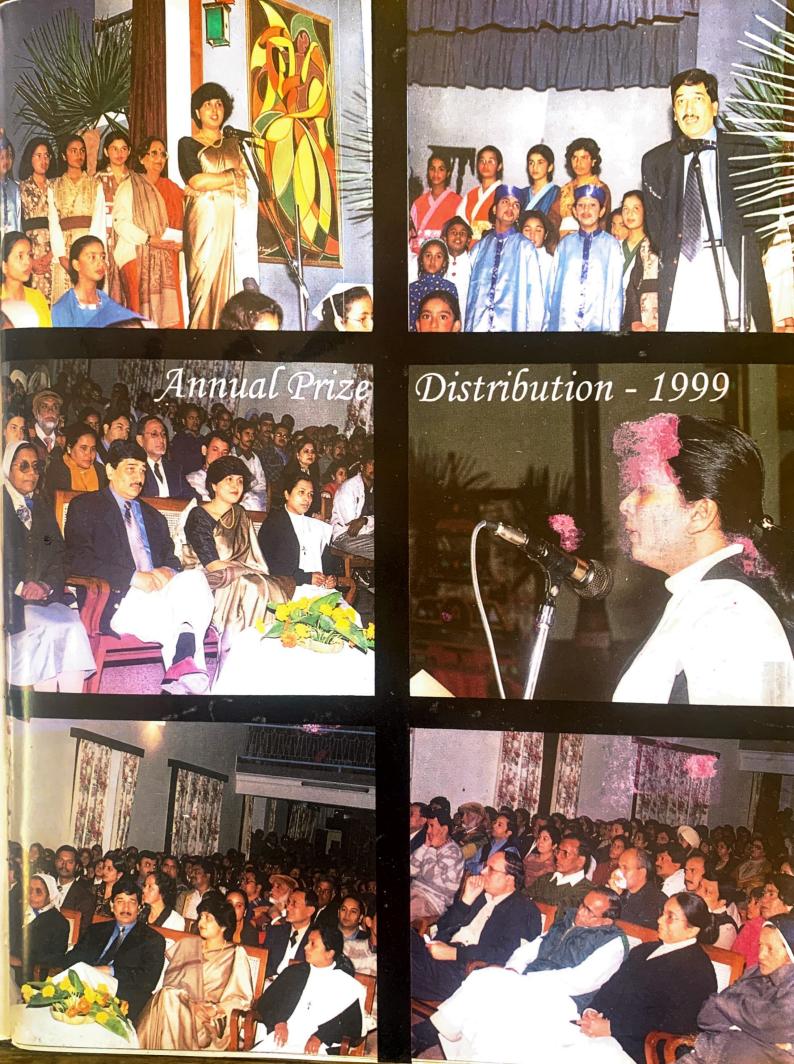
Our girls also won laurels in the Badminton and Table Tennis Tournaments hosted by the Lions club. In the Mathematics Olympiad organised by the New Era Foundation, our students got the 3rd and 4th positions at the District Level. The Inter House Debates and English Dramatics too were successfully conducted.

The Annual School Sports were a great success. The colourful displays with varied themes, reflected the innovative and creative talent of 'Waverlites' - the trend setters!

Awareness for the environment and its preservation has always been a priority on the Waverley agenda. This year the trek to 'Dodital' and the tour to the wildlife sanctuary at Ranthambore were organised to reinforce the love of nature and appreciation of wildlife and also to develop a spirit of exploration and adventure among the students.

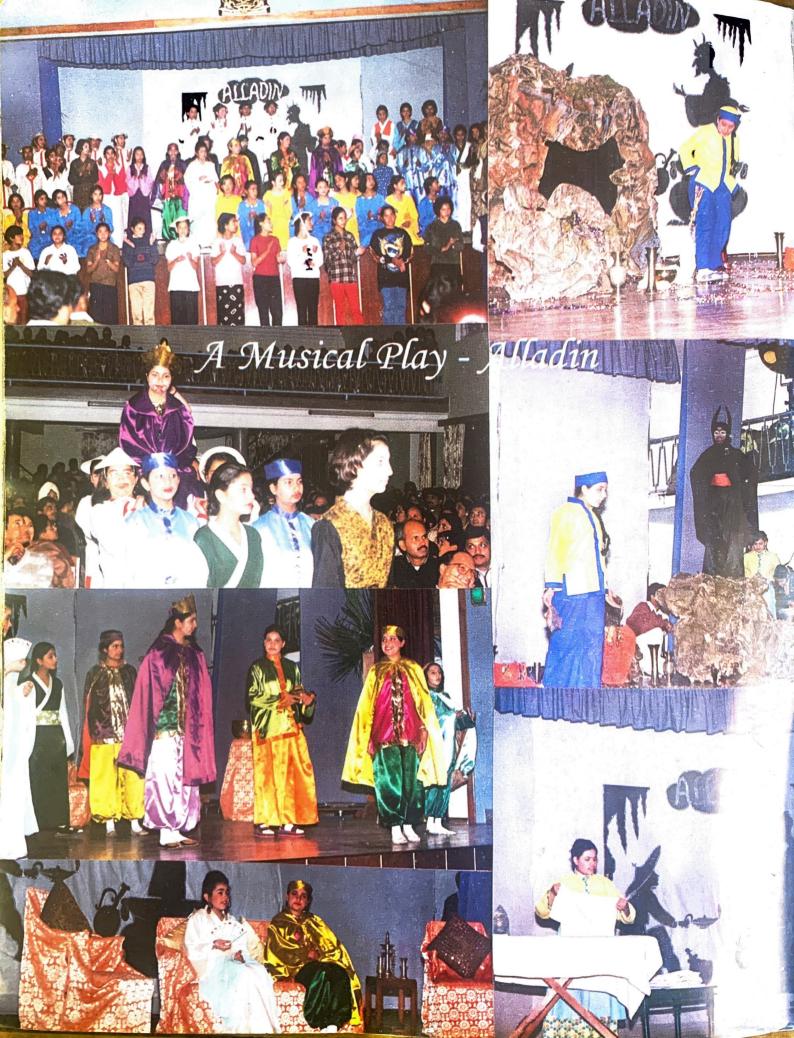
Yet another breakthrough in the year 2000 has been the introduction of adventure sport. The students of class X were accompanied by the Principal and some staff members to Shivpuri at Rishikesh to give them an exposure to white water rafting and kayaking. Waverley makes every effort to provide the best of everything to the students to prepare them for life and to become persons for others, upholding the best human values.

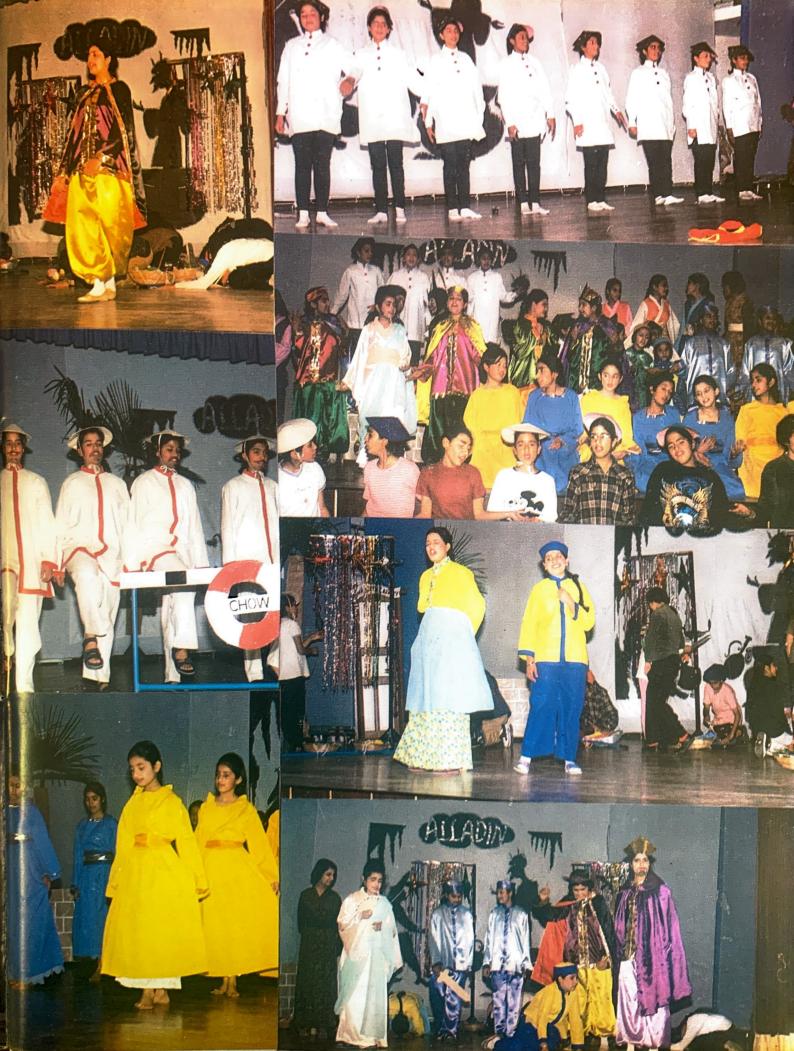
The Grand Finale of this eventful year was the musical play, 'Snowwhite' with an exquisite stage setting and a superb performance by the students. The successful completion of yet another chapter in the glorious history of Waverley is a matter of pride and joy for all who are associated directly or indirectly with this institution.









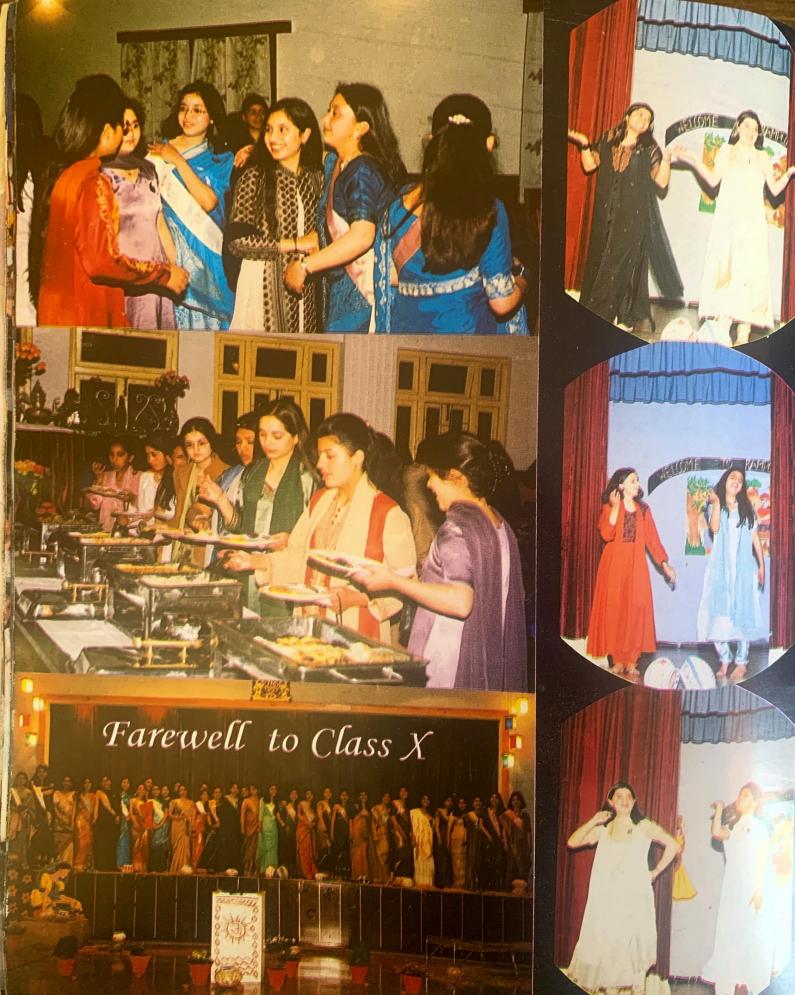








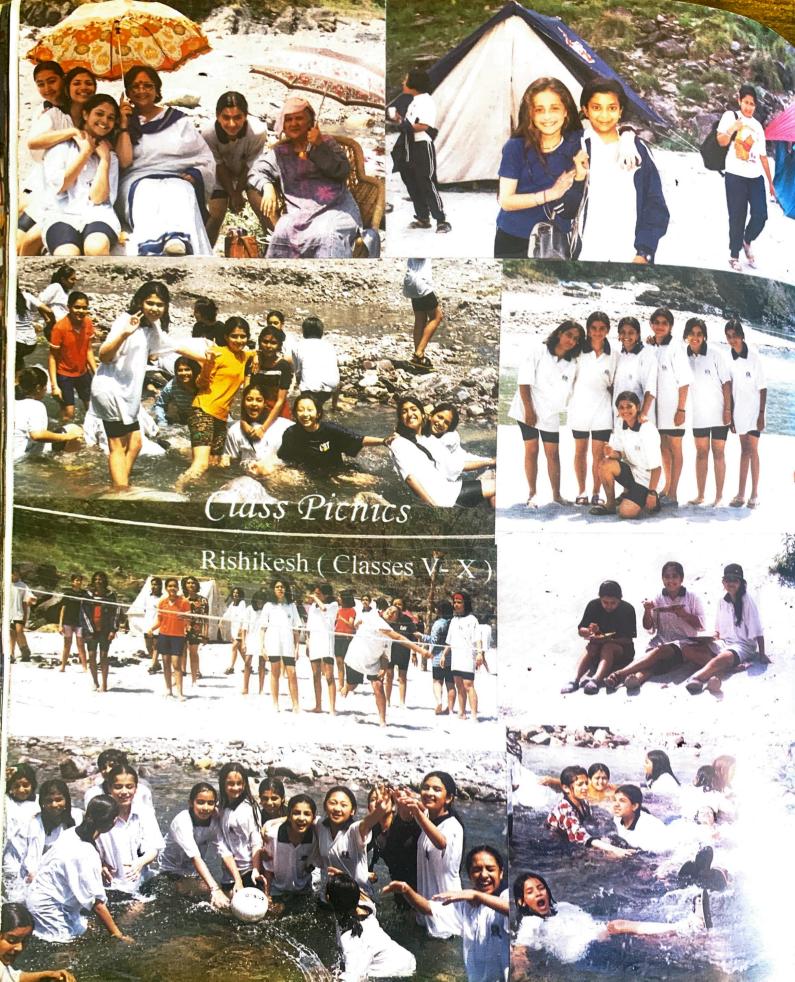




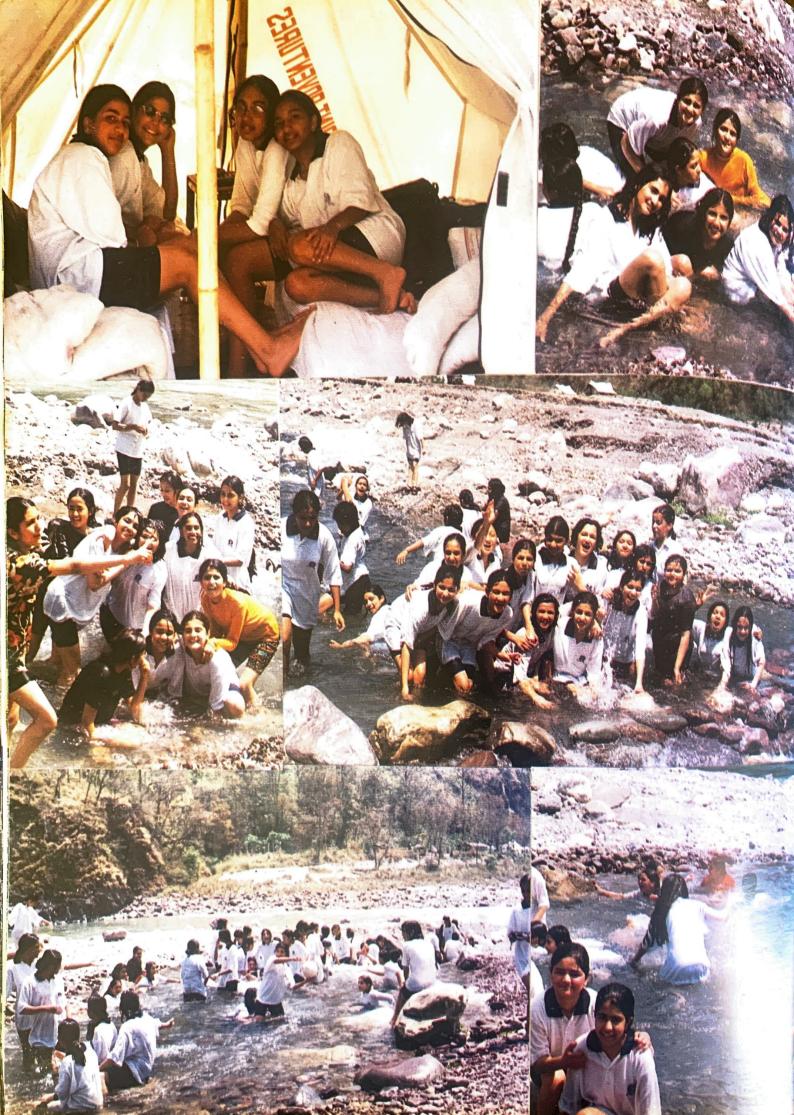












## Wonders of the Human Body

The adult human body contains 100,000 km of blood vessels.

One drop of blood contains over 5 million red blood cells along with hundreds of thousands of white blood vessels, platelets and other components. Each red blood cell lives for about 127 days.

In a single day, our blood travels about 168 million miles.

Our brain has 10 billion cells. It can receive more than 86 million pieces of information each day. Scientists say our memory can hold 100 billion facts during life.

It has been calculated that your memory could acquire eleven new facts every second of your life for more than 70 years and still have ample storage space in reserve.

The small intestines of an average living adult are 10 ft. long.

Human retina, a layer of the back the eye, contains 1.3 million light sensitive cells the "rods and cons" so named because of their shapes.

The heart beats on an average of 100,000 times a day, 21/2 billion heart beats in one lifetime.

Our ear can differentiate 1600 frequencies.

Our tongue print is as unique as our finger print.

Our heart beats approximately 75 beats per minute, 4500 beats per hour, 1 Lakh contractions per day, and 40 million times in one year. Over one year lifts the equivalent of 2555 tons. Twenty-five percent of all the oxygen in our body is constantly being used by our brain.

It takes about a tenth of a second for the eye to blink. During an average day, the eyes are closed for over 20 minutes just while blinking.

A nerve impulse travels at nearly the speed of light.

Each kidney has one million filtering units.

The flexible, adaptable foot is the willing work house of the body. Over an average life time of 70 years, the feet transport the body some 25000 miles or 2 1/2 times the circumference of the earth!

The foot has an intricate skeletal structure that consists of 28 bones. The bones of both feet account for one quarter of the total number of bones in the entire human body!!

Contributed By: Somiya Rana & Neha Gulati Class X

## The Perpetual Tug of war Between Parents and Children

Well, my dear friends what do you think the youngsters of today are? - They no longer are the kind that listen to every word spoken by their parents - "Times have changed and so have they." It is said that "Don't let down your parents, because they brought you up". But its not the same anymore.

Today youngsters are self-centred, fun-loving, carefree and arrogant. Parents have tears in their eyes, to see the condition of today's youth. Children today have forgotten the value of their parents, who are always ready to cater to their never ending needs. But, do the children realize that without their love and care, they would be nothing. They take their parents for granted and consider them orthodox, if they object to their wrong-doings. They do not realize that parents have more experience of life and it is their duty to bring the child gone astray, on the right track.

It's high time children realize these thing, but nevertheless parents of today have also failed to understand their children. Parents think that children should be grateful, but this does not mean they can't have a life of their own. Today's parents must remember that children also have their own dreams and aspirations in life besides fulfilling their parents dreams.

Sometimes parents can cause a lot of heartache for the child. In today's world divorce is very common, parents don't realize the consequences of how a broken home can break a child completely. For a husband and wife to divorce is tolerable. But for a mother and father to divorce is a horrible experience for a child.

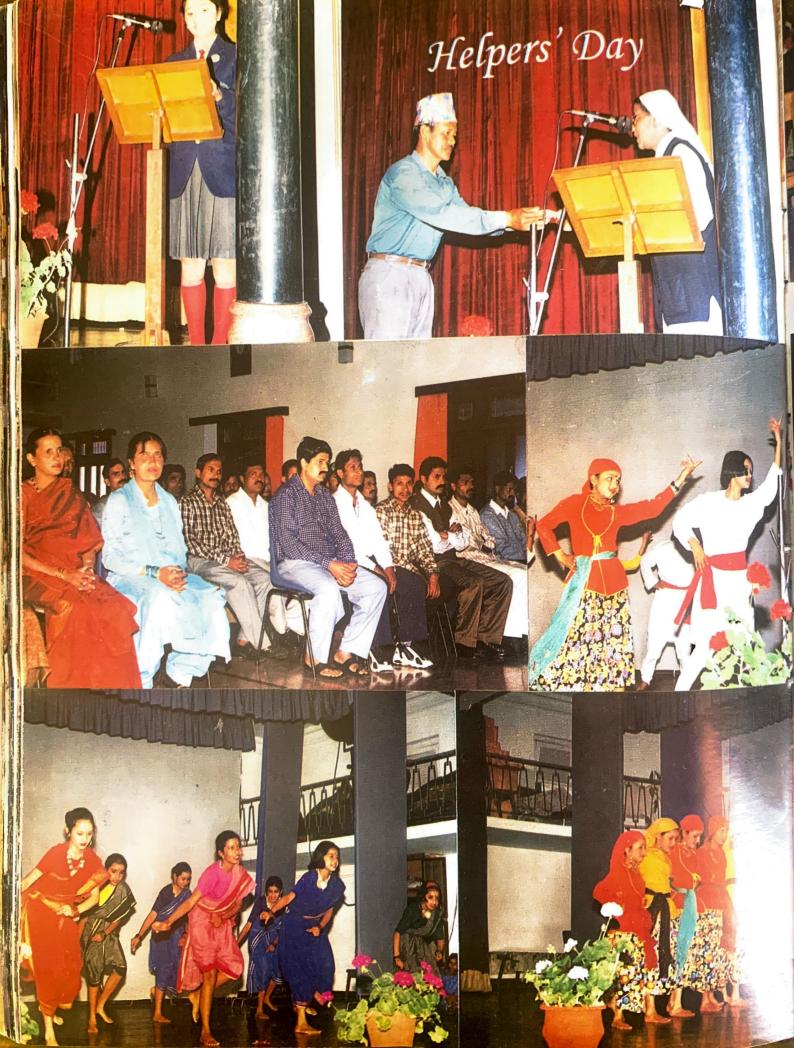
So we conclude by saying that both parents and children are to be blamed for the conflicts and misunderstanding between them.

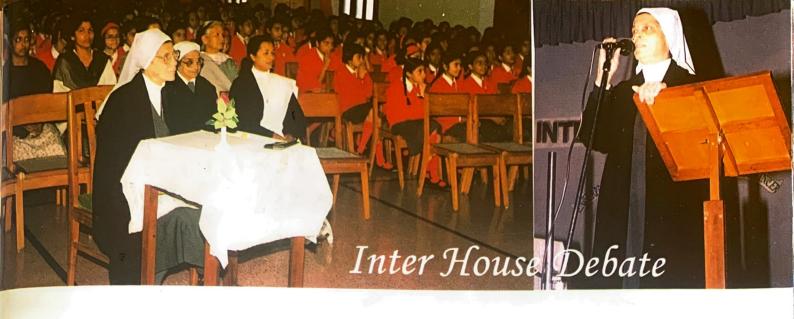
An advice for the youth of today-Understand your parents love, before its too late.

And for the parents - Understand your children.... They really need you.

Samatha Francis & Gunisha Narang Class X











# Popping Pills Won't Help Your Memory

Working solely to excel in an exam is a shame, but marks do matter, especially if you have set your career targets high. A few brainy ones sail through exams without ever seeming to study. But most of us need to slog like slaves to score good marks. Luckily for us, there are many ways to learn and to remember more, and to improve our performance when exam time comes.

#### THINK POSITIVE AND AIM HIGH:

Never think you are not going to do well. Think positive and try for 100%!!! you may just end up with a neat 90, which is good, isn't it?

#### **REVISE ACTIVELY FOR EXAMS:**

Never rely only on recalling from your remote memory; instead, plan and work in such a way that you may do active revision. Active study means note taking, reading them aloud. Reciting information to yourself, making outlines. Highlighting important lines and paras in your book. Give yourself practice tests to figure out in which field you need to work more. You may also use revision aids available in the market to test yourself.

#### THINK IN RHYMES:

Mnemonics make for excellent memory-boosting device. A mnemonics or a rhyme invariably helps you remember the big points, makes your task much easier. It works like magic everytime.

#### THINK AROUND:

To oil your recall machinery and get it working, recreate as much as possible the background information you have on the subject. A lot of the core information will come back to you in a flash. The more connections you make, the better your chances of striking at the correct answer.

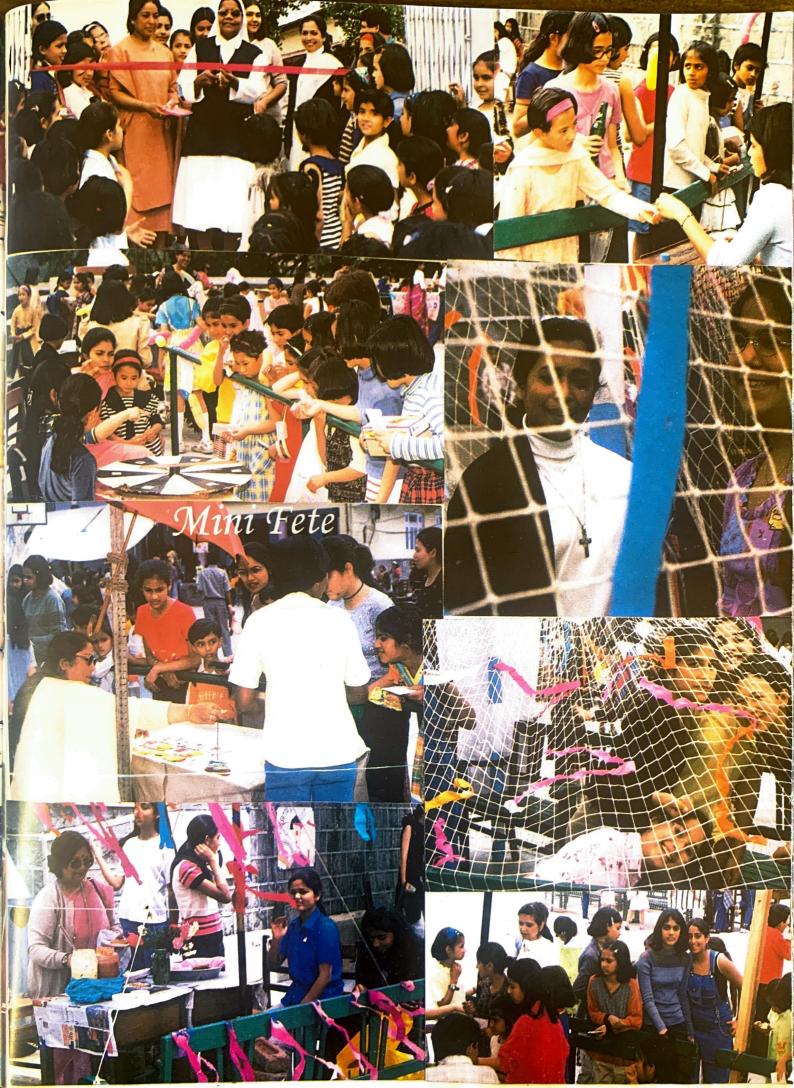
#### MAINTAIN YOUR CALM:

Stress, anxiety and nervousness can distract memory performance badly. Most excellent students perform poorly in exams just because of this. Maintain your cool and you will do much better. If you are the worrying kind, try deep breathing excercises and brisk walk for relaxation.

#### PSYCHE YOURSELF FOR VICTORY:

Before you begin, look over the paper carefully. Find out how long it is. Read the questions and quickly assess how much time each is going to take. Pace yourself, leaving time to check your answers.

Contributed by: Priyanka Ferrao, Reshmi Sachdev, Shruti Chawal, Shilha Mutreja (the editorial team of the school newspaper "WAVERLEY UPDATE".)



## Ally's Day-24th June

The morning began with a lot of excitement in the air for the most patiently awaited Annual Treat i.e. Ally's Day. After a delicious breakfast, all the classes began playing fun filled games exclusively prepared by the respective teachers. It was fun playing under a perfect clear blue sky with a slight breeze blowing occasionally.

After the games, the Juniors had their social in which they danced their feet off, thoroughly enjoying themselves. After a sumptuous lunch, the Middle and Senior school students started donning their dazzling attires for the evening social.

An early evening saw the Waverley school hall full of wonderfully dressed young girls. As we danced merrily to the various tunes, the panel of judges had a tough time selecting the "Waverley Princesses" and a "Miss Waverley" from the participants.

After a couple of rounds, the suspense hour was over and the judges announced the names of the lucky winners. The "Miss Waverley" crown was bagged by the graceful Anchal Goel of class X. The "Waverley Princesses" sashes went to Sakshi Vohra of class VIII and Pankuri of class II. All the participants and winners were congratulated.

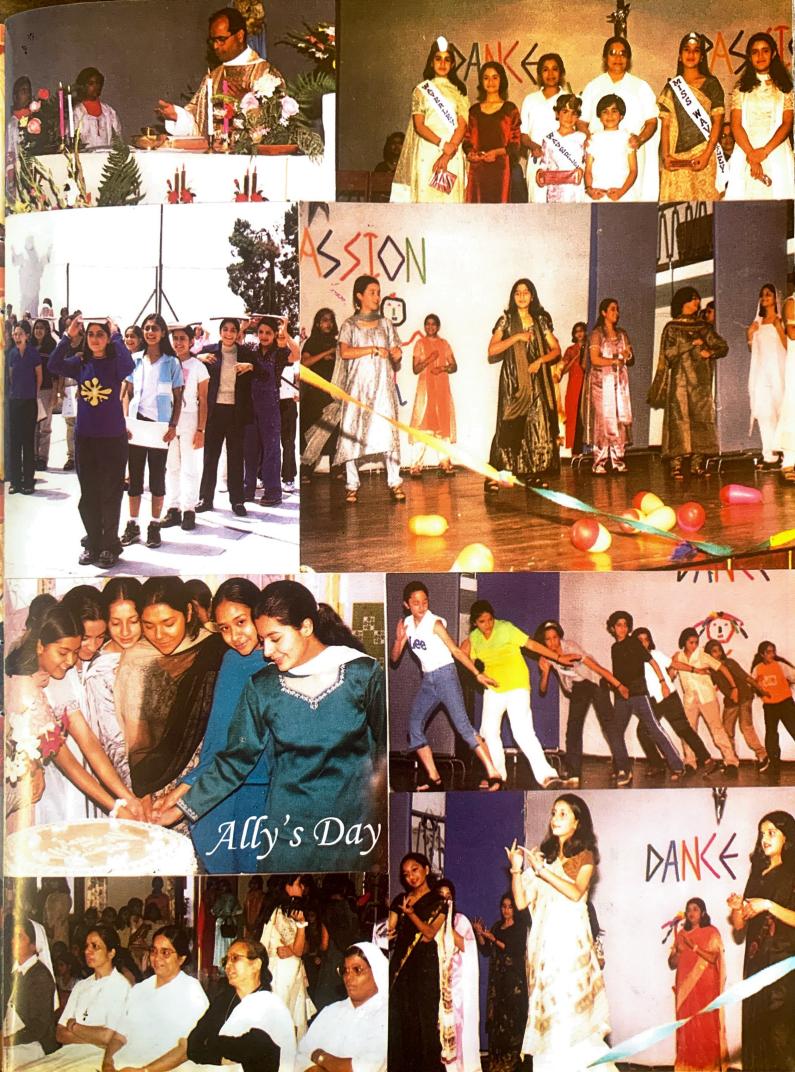
Unfortunately, an enthralling evening came to an end after a day full of enjoyment and fun.

Nivedita Samanata, Class IX

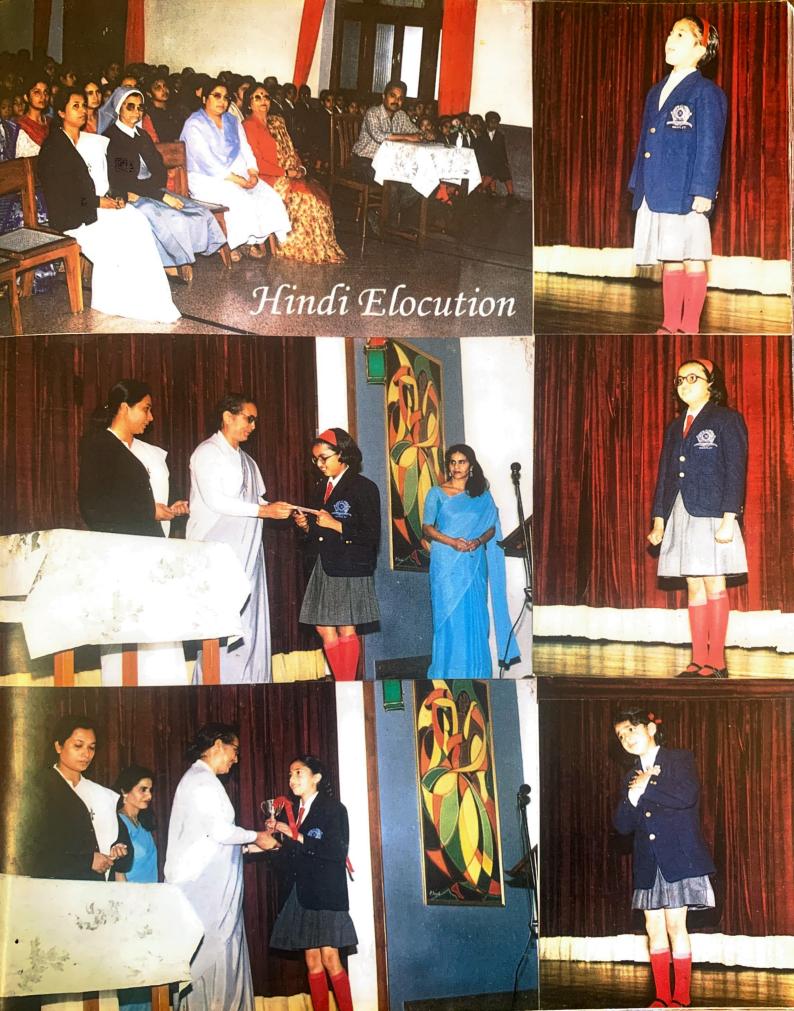
## Duelling Proverbs

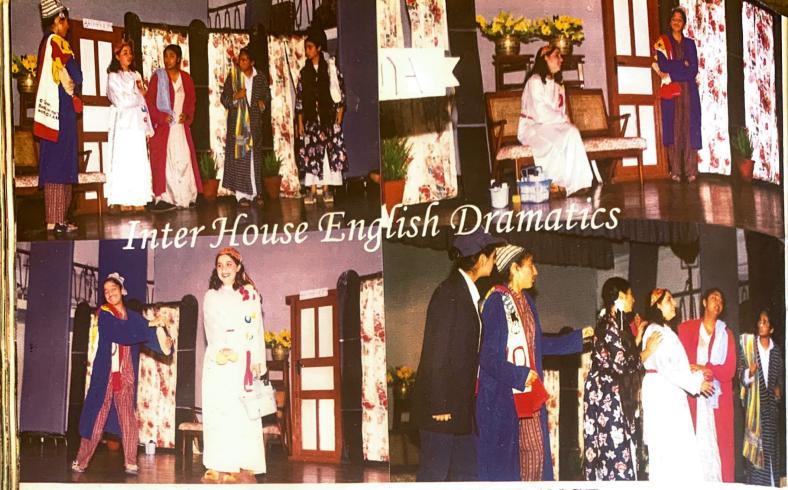
Many popular sayings are correct, even insightful, when applied to life's circumstances. But when proverbs are viewed without qualification, they can cancel each other out. For instance, while it is often true that "too many cooks spoil the broth," there are times when "two heads are better than one." Read on because.......

He who hesitates is lost BUT
Look before you leap.
Birds of a feather flock together BUT
Opposites attract.
You are never too old to learn BUT
You can teach an old dog new tricks.
Ask no questions and hear no lies BUT
Ask and you shall recieve.
The pen is mightier than the sword BUT
Actions speak louder than words.
Clothes make the man BUT
Never judge a book by it's cover









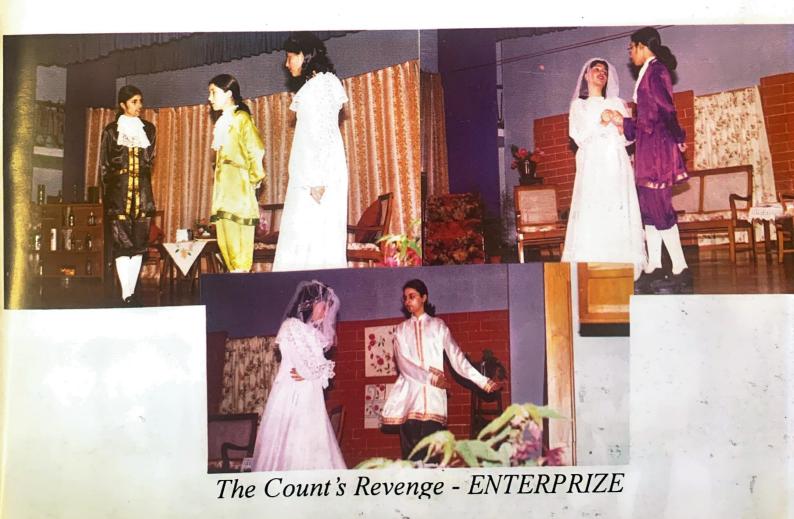
The Bathroom Door - ENDURANCE

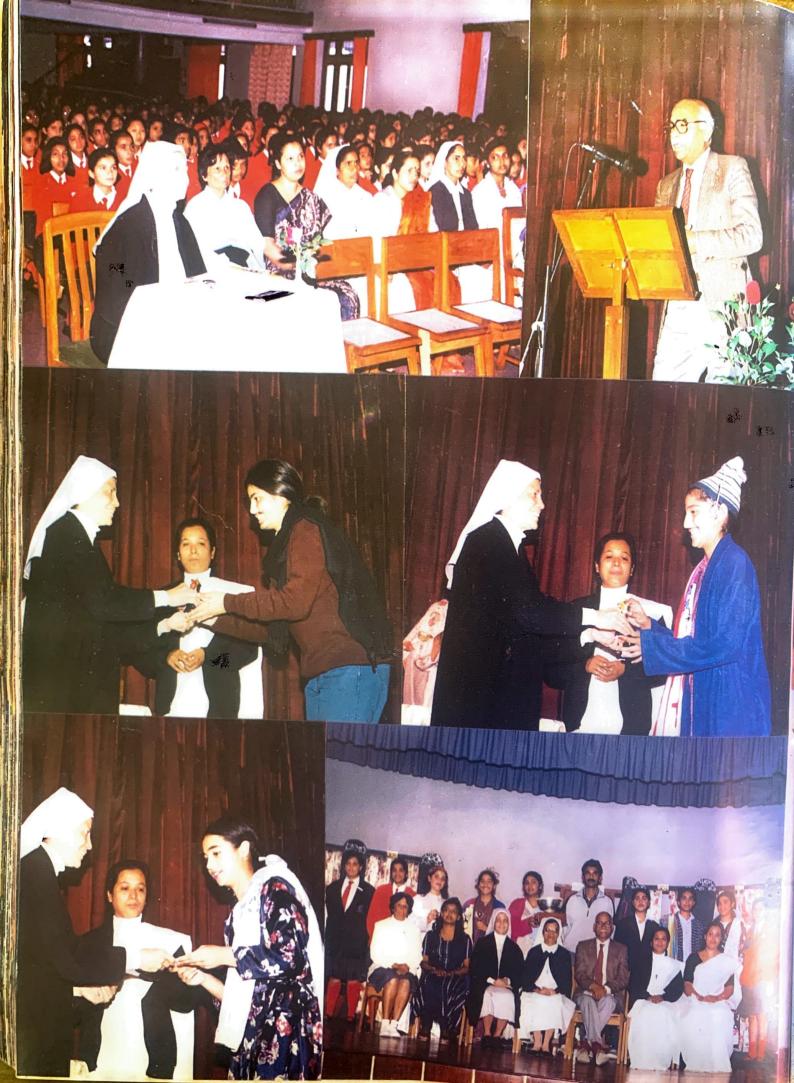


The Phoenix - ENDEAVOUR



The Ghost Story - ENCOUNTER





## Mussoorie - A Haven for Nature Lovers

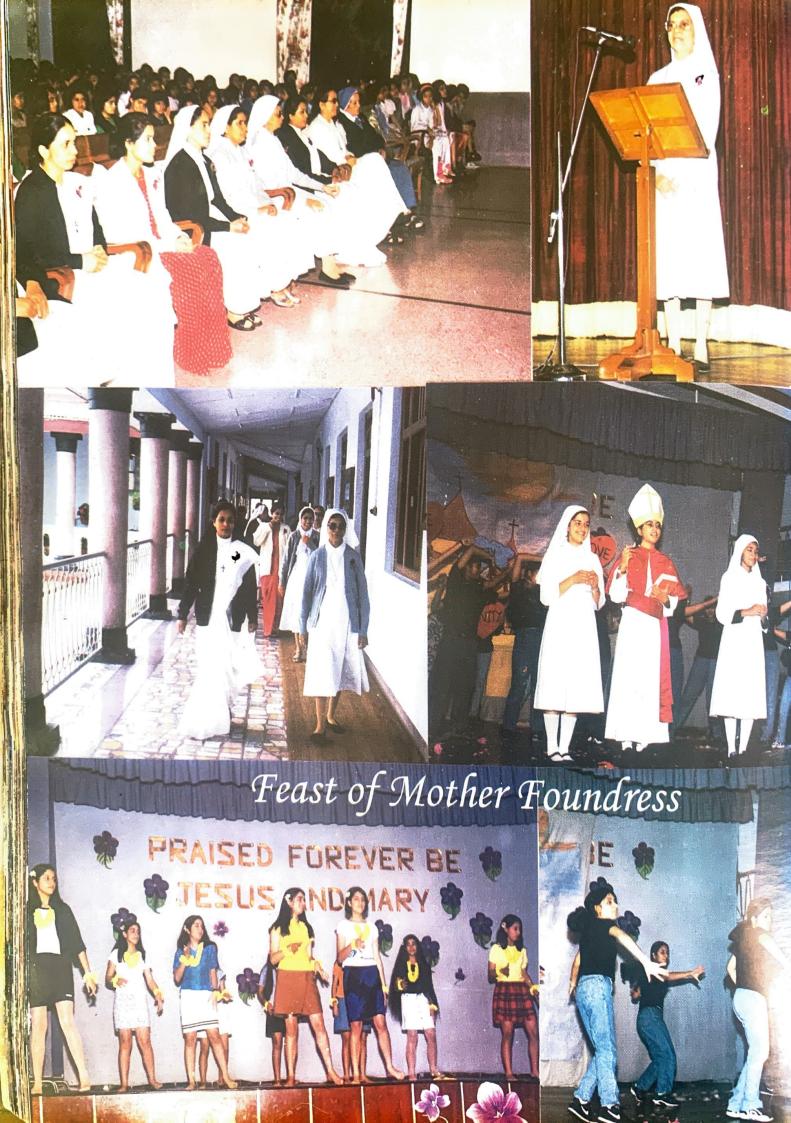
Tucked away in the foothills of the Himalayas is the beautiful hill station of Mussoorie which is also called the Queen of Hills. I've had the privilege of living here, in the midst of these mountains which overlook the Doon Valley for ten years. It is a beautiful place to be in, away from the world. It is Paradise.

In Mussoorie your day begins with the singing of the birds at sunrise, that wake you up each day. The rays of the setting Sun on the snow-clad Himalayas, create myriad of colours and beautiful scenes that are truly masterpieces of natural beauty. Everyday is unique. At night the Doon Valley with all those shimmering lights, is a beautiful sight. One look at the valley relieves you of all the tensions and you feel relaxed after a long tiring day.

In autumn, walking down the deserted slopes with a cool breeze blowing over your face and watching the autumn leaves, flying in the wind, are my best moments spent in this Paradise. After a spell of dreary winter-cold, the arrival of spring brings a different feeling in the air that makes you jump with excitement and brings out the little child in you. It is a beautiful sight to see the barren trees become lush and green once again. This inspires you and reminds you that it is time for a new beginning. At this time of the year our school-Waverley opens and the air is full of excitement as we come back to school to start a new academic year, after a three month long winter vacation. This is the time when you feel on top of the world amidst the blooming flowers. Those afternoons out in the garden are remembered throughout the year.

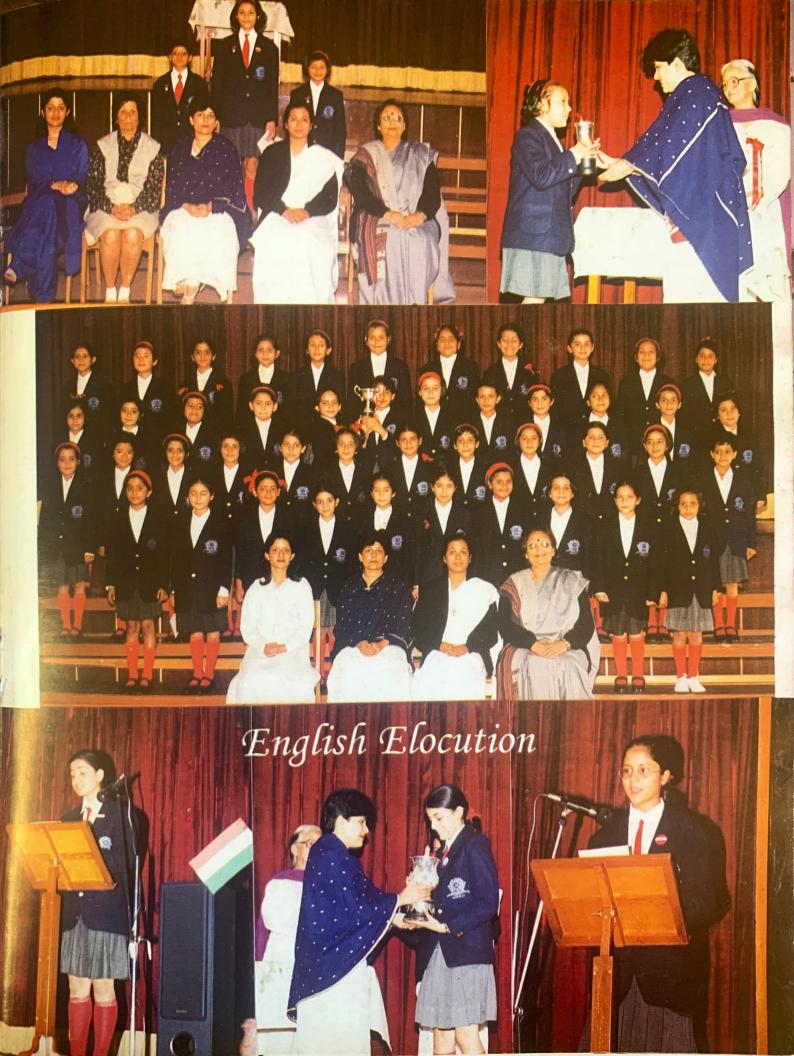
I've spent the ten best years of my life here. When I first came here, I was just a little girl of six and at first sight, I simply loved the hills. I made up my mind that this is where I would live for the rest of my life. But I never thought I would have to leave this Paradise one day. I did not even realise when the years flew by and I turned from 6 to 16. Now I will leave Mussoorie and I wonder if I'll ever come back, but the moments I have spent here, on the Waverley hill have an indelible imprint on my mind.

Geetanjali Tyagi Class X









### Independence Day Address

It is a privilege for me to address you on our 53rd Independence day.

Today the time has come to love one another and give an ultimatum to the divisive forces of communalism, violence, poverty and illiteracy.

We, the youth are the vital tools for nation-building. Our new ideas, new horizons, social responsibility is what our nation wants.

Let us pledge allegiance to our Tricolour and for all that it stands-one nation, indivisible, with Justice for all.

The Lines from Shakespeare's play come to mind-

"Tis not many oaths that make the truth, but the plain single vow, that vow'd true."

Let us then vow our allegiance to our motherland.

JAI HIND

Nidhi Ajamni, Class X

### What is a Friend?

A friend is a kind word
When I am lonely,
A friend is a helping hand
When I have fallen down,
A friend is a guide
When I am searching,
A friend is a smile
When I am sad,
A friend is a song
When I am glad!



# ALL INDIA SECONDARY SCHOOL EXAMINATION MARCH 2000

ART	<u>B</u>	A2	A1	A1	A1	A2	A2	A1	A2	A2	A2	A2	B1	A2	A2	A2	A2	A1	A2	B 1	A2	A2	A2	A2	B1	A1	A1	B1	A1	A2	B1	B1	B1
PHE.	<b>B</b>	<b>B</b>	<b>B</b> 1	<u>8</u>	<b>A</b> 1	<b>A2</b>	B	<b>B</b>	B	B1	<u>B</u>	<b>A</b> 2	<b>4</b> 2	B2	<b>A</b> 1	<b>B</b> 1	<b>A2</b>	B1	B1	<u>8</u>	A2	B2	<b>A</b> 1	A2	<b>B</b>	<b>A</b> 2	81	B1	<b>A</b> 2	<b>A2</b>	B1	B2	B2
T W.EX.	<b>A</b> 1	<b>A</b> 1	<b>A</b> 1	<b>A</b> 1	<b>A1</b>	<b>A1</b>	A1	A1	A2	<b>A</b> 1	<b>A1</b>	<b>A</b> 1	<b>A</b> 2	B1	<b>B</b> 1	<b>B</b>	B1	<b>A</b>	<b>A</b> 2	B 1	<b>A</b> 2	<b>A</b> 1	B	<b>A</b>	B2	B2	<b>A2</b>	B2	A1	A1	B2	B1	B2
PERCENT	88.2	86.4	85.4	82	81	80.8	80.8	9.08	9.08	79	78.4	78.2	78	76.4	75.4	75	74.8	74.4	74.2	74	73	72.6	72.6	72.2	71.8	71.8	71.2	70.2	68.8	8.79	67.4	64.8	53.8
TOTAL	441	432	427	410	405	404	404	403	403	395	392	391	390	382	377	375	374	372	371	370	365	363	363	361	359	328	356	351	344	339	337	324	269
S.SC	83	81	75	80	84	71	80	89	82	75	75	75	70	75	81	77	82	78	78	99	89	48	69	64	87	62	09	84	62	39	63	22	48
G.SC.	92	90	94	90	81	82	81	84	80	88	82	82	80	09	77	89	72	9/	77	82	75	42	75	84	20	80	74	11	84	20	11	28	29
MATHS.	26	66	93	90	87	98	9/	91	89	74	88	71	26	98	64	69	72	74	22	99	78	75	77	7	62	20	79	53	26	77	64	72	40
HINDI	81	77	75	89	71	80	81	71	78	9/	71	77	73	73	75	75	29	69	77	75	75	78	72	72	63	72	65	29	99	89	29	29	09
ENG	88	85	06	82	82	82	98	83	92	82	75	98	20	88	80	98	81	75	82	81	69	83	20	20	11	75	78	9/	73	82	99	20	62
NAMES	PRENA SHARMA	SARIKA NAGPAL	KANGAN ARORA	RATRI SACHDEV	NAVNEET KAUR KHARA	PRINCY AGARWAL	NILISHA FERRAO	SHEELU AGARWAL	MANS JAIN	NEHA BADDLA	CHITRA NAGPAL	VATSALA PANT	PARUL SOOD	PALLAVI RASTOGI	ANTARA GUJRAL	NEHA SAW	SANDHYA SINGH	PHAILIN MADAN	NISHA AGRAWAL	ANKITA JUYAL	ANSHUL SETHI	ROLI AGGARWAL	SABINA SETIA	PRIYANKA RAWAT	ADIBA TALIB	RADHA TYAGI	ANNIE GOGIA	POOJA PIRTA	PAMLA CYRIL	JASKIRTAN KAUR ATWAL	PUNEET VIRK	AAKRITI NANGIA	NEHA DWIVEDI
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### Toppers - C.B.S.E. Examination - Year 2000



MANSI JAIN ENGLISH - 92%



NILISHA FERRAO HINDI - 81%



SARIKA NAGPAL MATHEMATICS - 99%



KANGAN ARORA SCIENCE - 94%



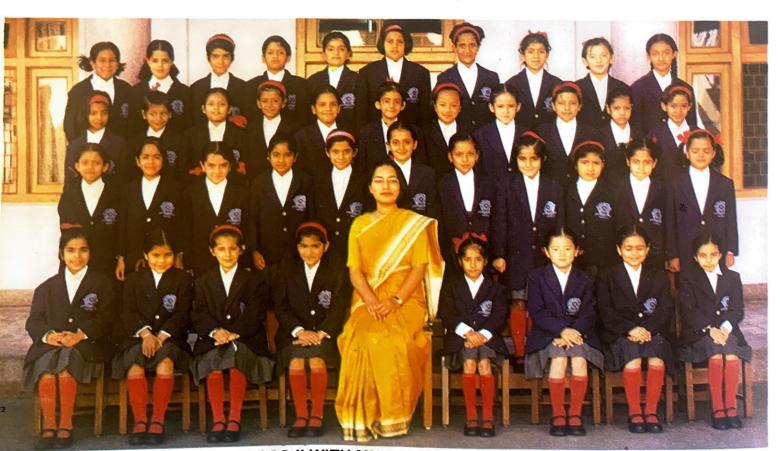
PRERNA SHARMA FIRST POSITION - 88%



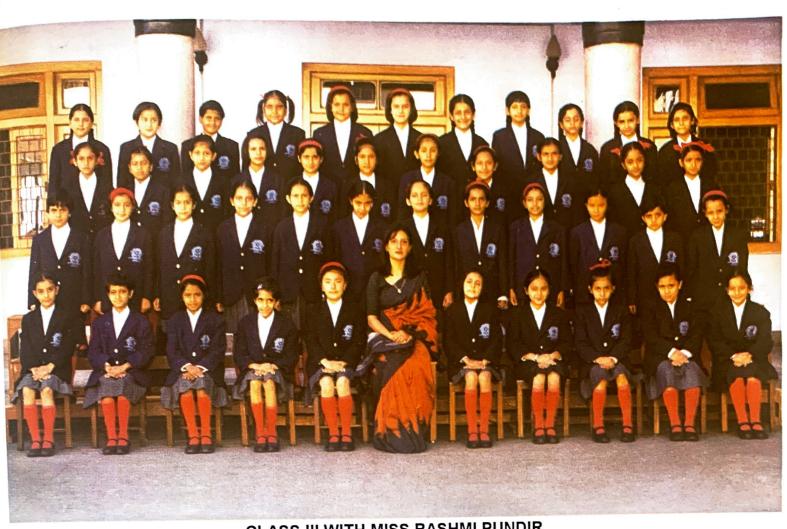
ADIBA TALIB SOCIAL STUDIES - 87%



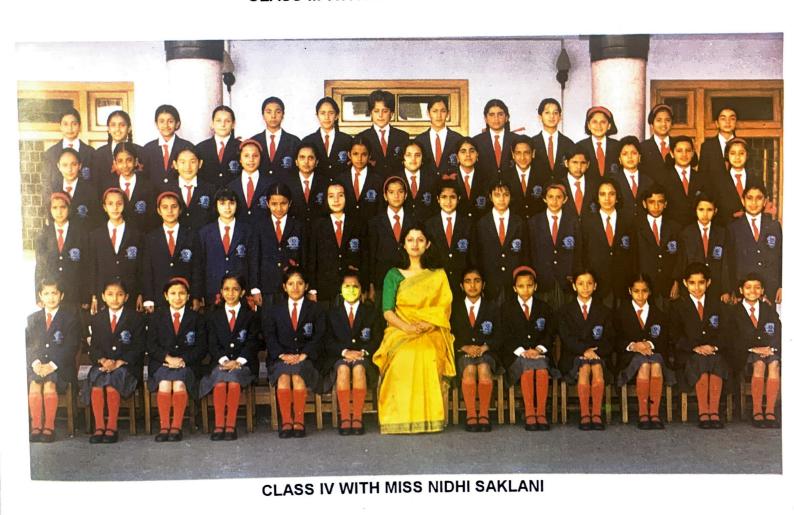
CLASS I WITH MISS PALLAVI LAL

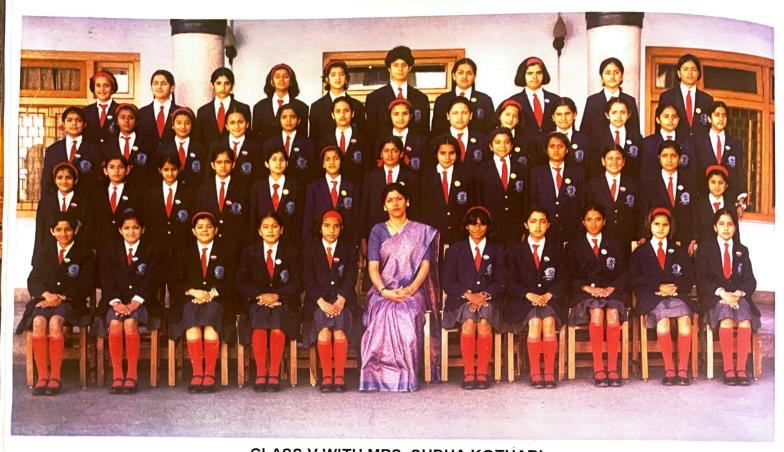


**CLASS II WITH MISS YAMINI KARGETI** 

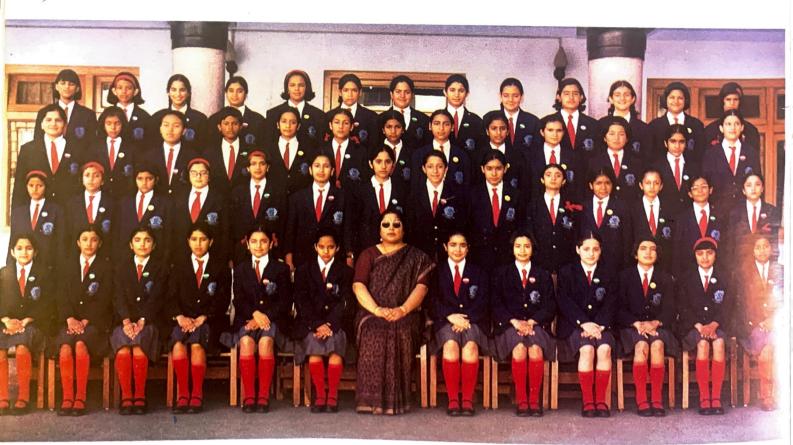


CLASS III WITH MISS RASHMI PUNDIR

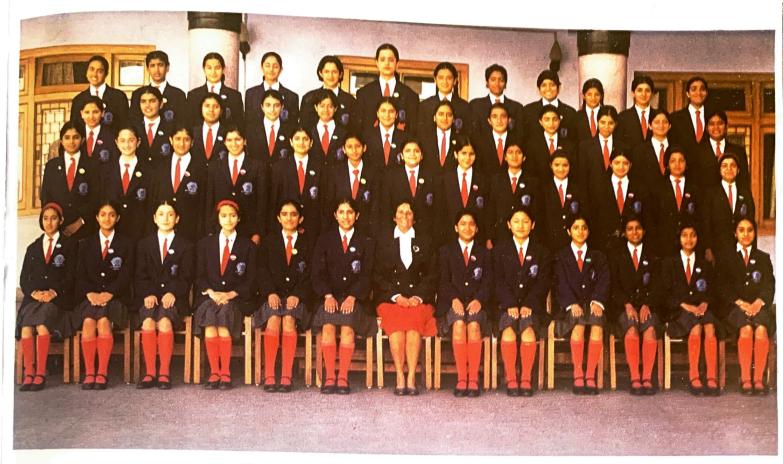




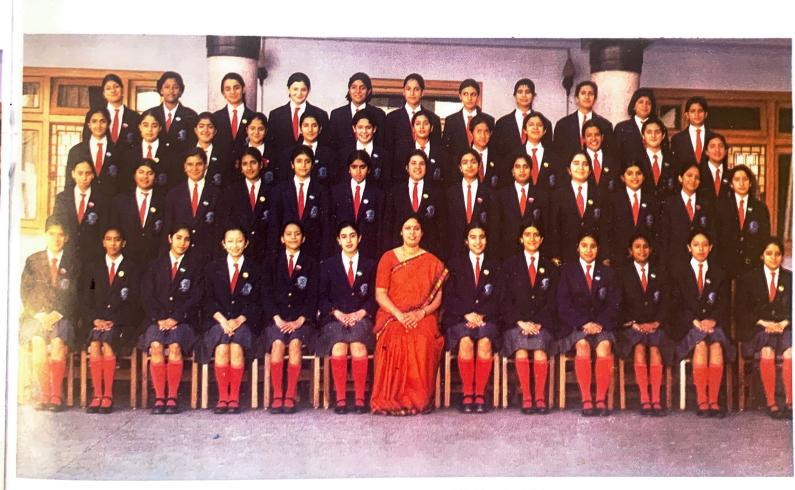
CLASS V WITH MRS. SUDHA KOTHARI



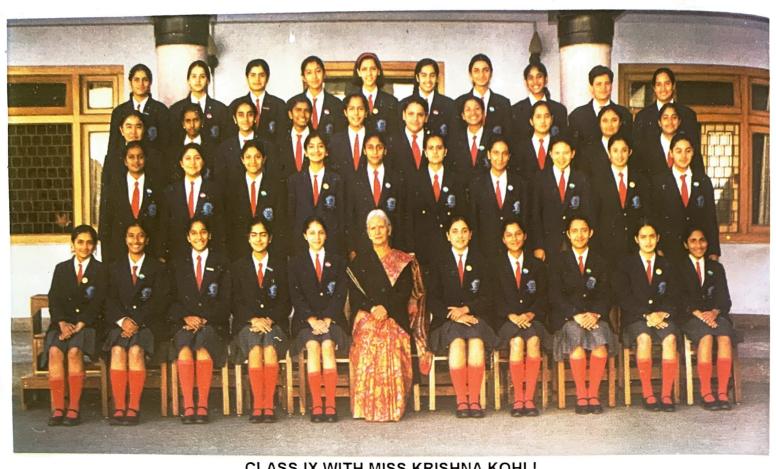
CLASS VI WITH MRS. NIKHAT KHAN



CLASS VII WITH MISS PHILOMENA DIAS



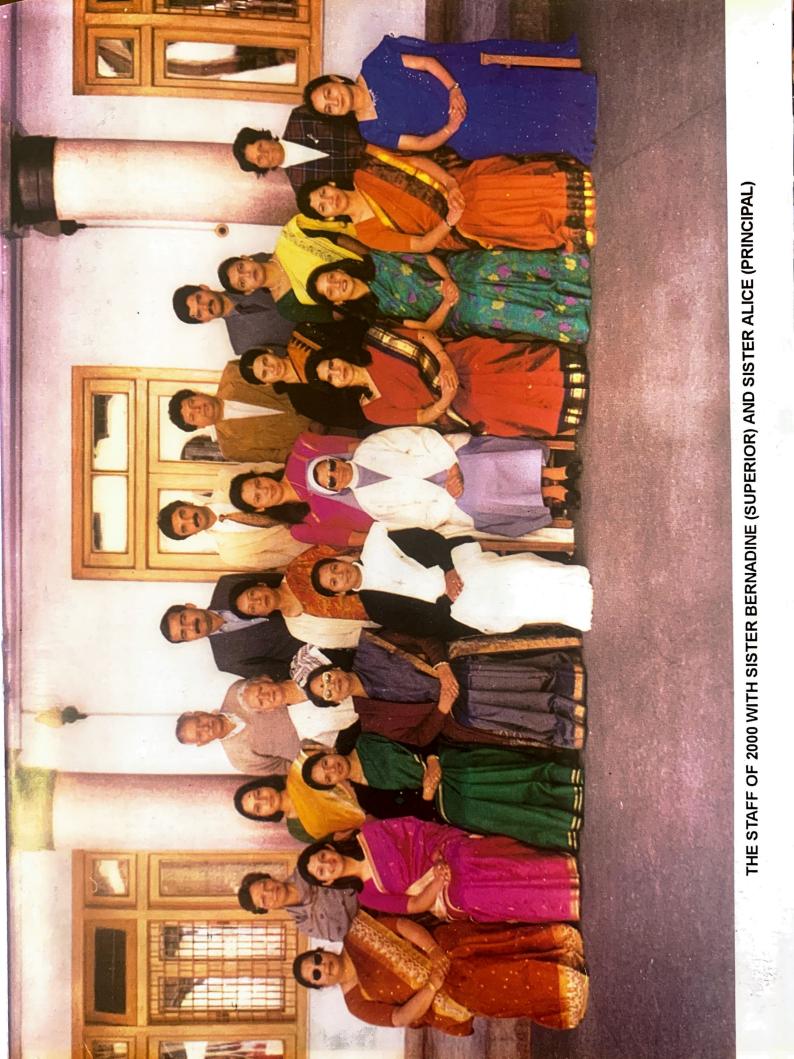
**CLASS VIII WITH MRS. REENA JOHN** 



CLASS IX WITH MISS KRISHNA KOHL!



CLASS X WITH MRS BEENA BHARDWAJ AND SR. ALICE





THE MATRONS WITH SISTER BERNADINE (SUPERIOR) AND SISTER ALICE (PRINCIPAL)



THE WAVERLEY HELPERS WITH SISTER BERNADINE (SUPERIOR) AND SISTER ALICE (PRINCIPAL)

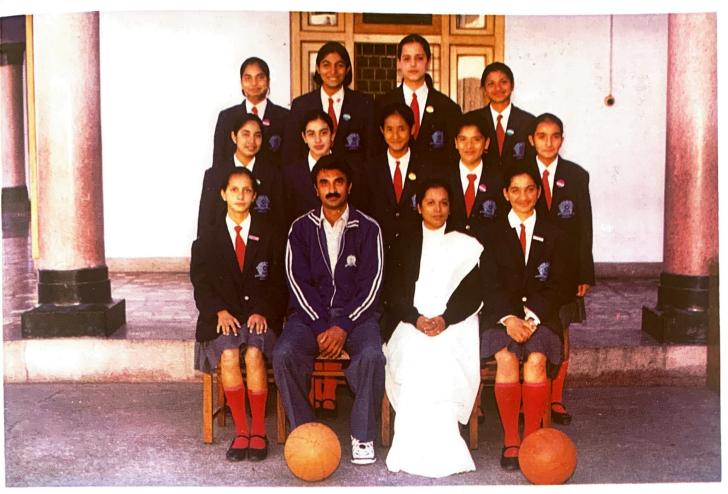
THE WAVERLEY COMMUNITY 2000



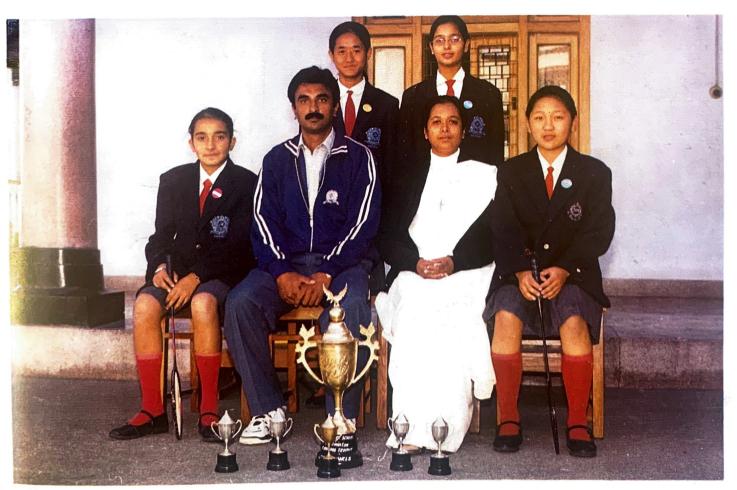
THE C.B.S.E. INTER SCHOOL ATHLETICS TEAM



THE INTER SCHOOL ATHLETICS TEAM



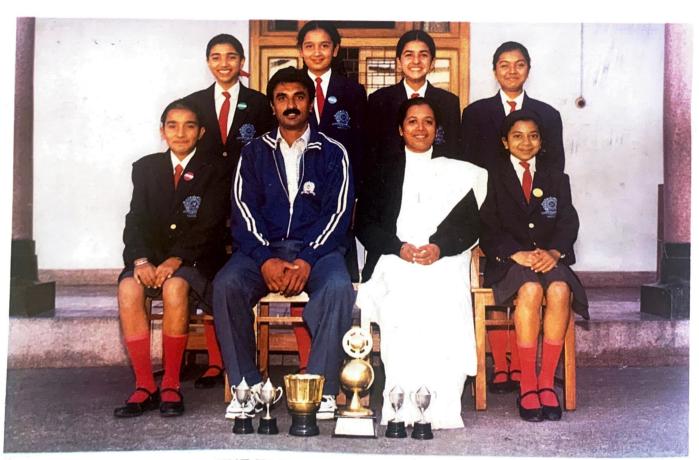
THE C.B.S.E. INTER SCHOOL BASKETBALL TEAM



THE C.B.S.E. INTER SCHOOL BADMINTON TEAM



THE INTER SCHOOL BADMINTON TEAM - 2000



THE TABLE TENNIS TEAM - 2000

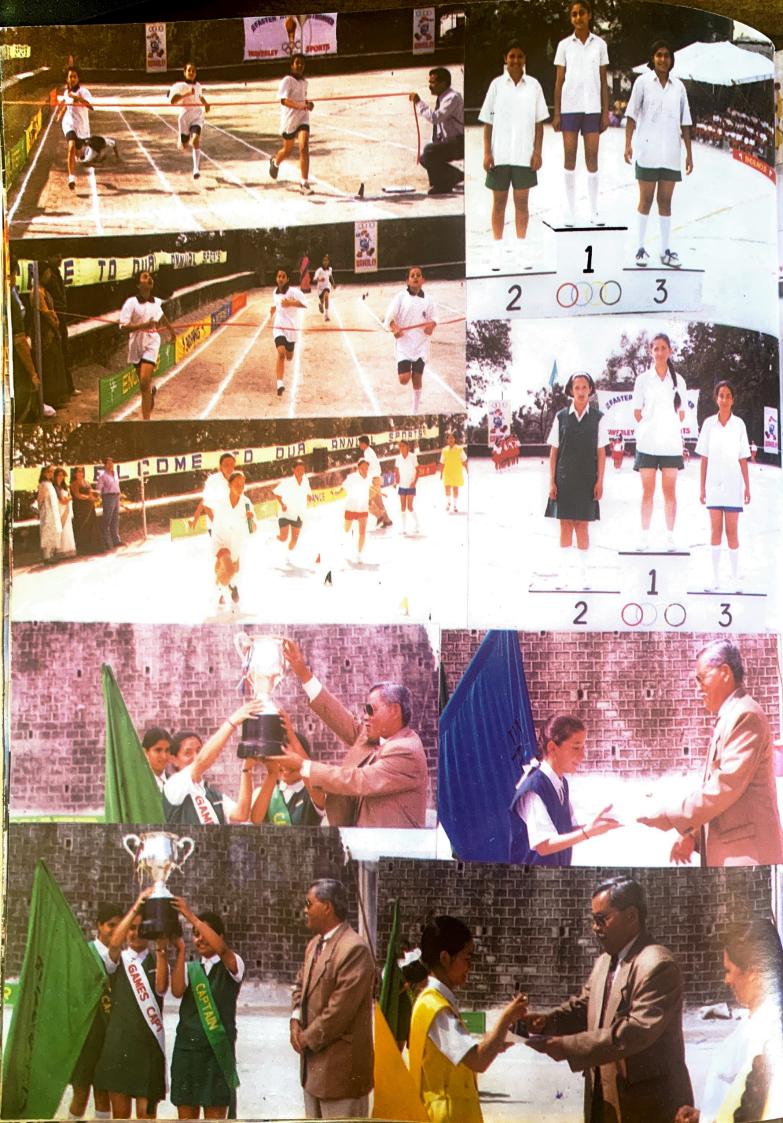


















# To Russia With Love

I was born in Moscow, the capital of Russia and I am lucky to learn about the two greatest cultures of the world. You must be woundering, how? Well the answer is very simple - my father is an Indian and my mother is a Russian. Although I was born in Russia and spent my early childhood there I was always in touch with India and its culture. From the very beginning, I was taught the Hindi language, and exposed to Indian culture, customs and traditions. I was always provided with an Indian atmosphere at home and was even sent to an Indian school at Moscow. Thus deep in my heart developed a special love and loyalty towards India.

My father being an Indian wanted me to know more about India. I was sent to India to study. When I came to India I was welcomed warmly and I found the Indian people as hospitable as the Russians.

There are many things in India that have impressed me deeply. One is the celebration of festivals. There is so much of fun and joy and the festive spirit which I did not experience in Russia. Another thing that left me speechless was the Indian historical tradition. I feel that each and every fort or temple is worth being called a wonder of the world. Russian architecture is also wonderful but in India due to the beautiful mixture of many architectural styles, the new style that has emerged is unique.

I also often wonder how India has managed to maintain its identity as a nation with so much diversity. It is simply wonderful. After I finish my schooling in India, I'll have to go back to Russia for future studies but I will always cherish the things I have imbibed from Indian culture and carry them with me 'To Russia With Love.'!

By: Roli Jain, Class X

When I Was

When I was a baby
I saw my mother
When I was sent to School
I saw my teachers and friends
When I was sick
I saw nurses and doctors
When I slept
I had a wonderful dream
When I was nothing but God everywhere.





Inter School Sports





# Cloud End - A Unique Resort

At the end of the rainbow, it is said, one finds a pot of gold but at Cloud End, one finds a wealth of nature, wild animals, exotic birds, a panoramic view of the majestic snowcovered Himalayas. Besides these, one finds a warm hospitable house in which to spend the night amidst beautiful antique furniture and old photographs of Mussoorie in its hey day. This is an experience to remember.

The Cloud End Bungalow was built in 1828 by one of the first British settlers of Mussoorie. One Major Swetenham. It is situated at an attitude of 7064ft. above sea level, surrounded by over 2000 acres of pristine Himalayan forest, with over 250 species of flora and 44 species of fauna adjoining the Benog Mountain Quail sanctuary.

Cloud End is a great place to visit during your holidays to experience nature at its best. It is an ideal place to relax and meditate. It is peaceful and pollution free. You can see the winter line from here. I feel lucky to have been brought up in such a lovely place.

Deeksha Agarwal Class VIII

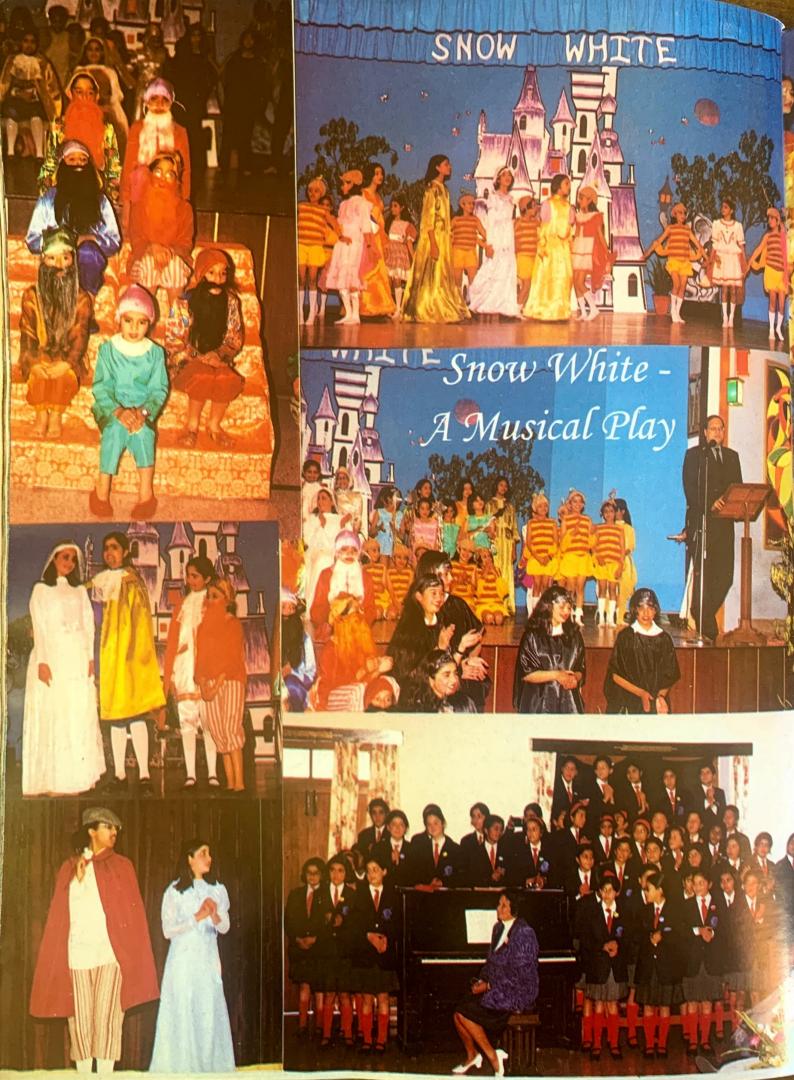
### Friendship

Friendship is a feeling
That cannot be measured
But we all really,
Keep it treasured!

It brings joy to one who is sad In times that are good or bad. Friendship among us will be true, If there is love between me and you.

It is a feeling, That cannot be defined, but it is love That is pure and refined.

By: Amika Sachdev Class VI









### It's Time To Leave

The word "MILLENNIUM" evokes different feelings for all. It marks the end of a century and is the stepping stone to a new and much more advanced one. All have different expectations from the coming years. For us, it is the crucial stage where we are going to pave the path for our careers. We are aware that our Board Examination results will determine our future. In the new Millennium, we are going to enter that world where hard work holds the key to all doors. We know that many people associated with us have high expectations from us and we are bound in a position to fulfil their aspirations and to achieve our goals. At this platform in life, our objectives hold the greatest value in our curriculum.

It's our last year in school-a common dialogue of the outgoing batch, but believe me it really holds importance. Most of us were hardly six when we joined Waverley. Now we're confident teenagers prepared to face the challenges in store for us. Everything in Waverley has become an integral part of our life and right now life devoid of all this seems impossible.

We cherish each moment spent here. We've had great Sisters all along who've moulded us and we owe a lot to them. The teachers have been fantastic and given us the best, what we are today is because of them. The values we have imbibed from Waverley have become a part of our personality. The friends we have made here have helped us to understand the actual meaning of friendship.

In these ten years, we have established a strong bond with the school and all who are a part of it. This period of our life is surely going to hold the most fond and sweetest memories that will be treasured always. Tomorrow we'll all follow different directions and face the world alone. We know it's not going to be easy. But we are well prepared to move on with Courage, Hope and Faith.

Supriya Verma, Class X

## Books

Books can be our best friends
Telling us about facts, stories, poems and the latest trends.
They sometimes seem never ending
We go through so much borrowing and lending
They tell us about things funny, happy or sad,
You must have seen them being read by a person, such as your dad!
Books can truly be our best friends
For they tell us that knowledge does not end
The more we read the more we learn,
So books I can never shun.

Saaniya Abbas, Class VI

# It's Time to Say "Good Bye"

### Waverley "A Home Away From Home"

Ten years back, when we entered the school we were hardly six years old. I didn't know I had to face a new life of competition, hard work, and challenges but I accepted them all.

Today, ten years later, when we have turned from six to sixteen confident teenagers, it's time to leave and start a new life of much more hard work. It hurts to say "good bye". It seems as we just came yesterday and we have to go today.

It's time to thank all the teachers who always inspired us to reach for the stars. Teachers and friends have always encouraged and helped us to become better persons. The scolding of the teachers always helped us to realize our mistakes and face the realities of life.

Those functions and last minute preparations, running from here to there, will always be missed. The excitement for the vacations and the "miss you" quotes of friends will always be remembered.

WAVERLEY has become a second home "A Home Away From Home". It's time to thank everyone who made this stay in Waverley a wonderful experience for us. We will always cherish the sweet memories of the precious moments spent in Waverley. Time has flown away so quickly and now we have to leave everybody and go. It's not easy to leave the past behind but change is a part of life. It's difficult to say "GOOD BYE". Waverley you will always be missed and remembered.

Sweta Todi

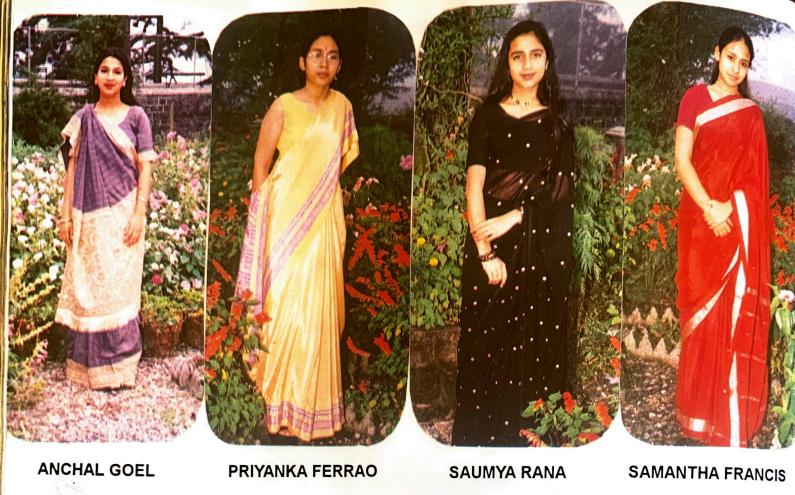
## Friendship

Friendship is a very special word, It is sweeter than berries, sweeter than curd. It is special to those who share it with each other, To think of parting with a friend makes me shudder.

Friendship is just a word until someone special gives it a meaning, It is greater than the Tower of Piza which remains leaning. Friendships brings joy to one's life, If it is broken, it cuts like a sharp knife.

So, now I end this poem on Friendship, Which is a very special word, Sweeter than berries, sweeter than curd.

Saaniya Abbas, Class VI











NIDHI AJMANI

NIDHI BHARTIA

RICHA RATHORE

**SWETA TODI** 

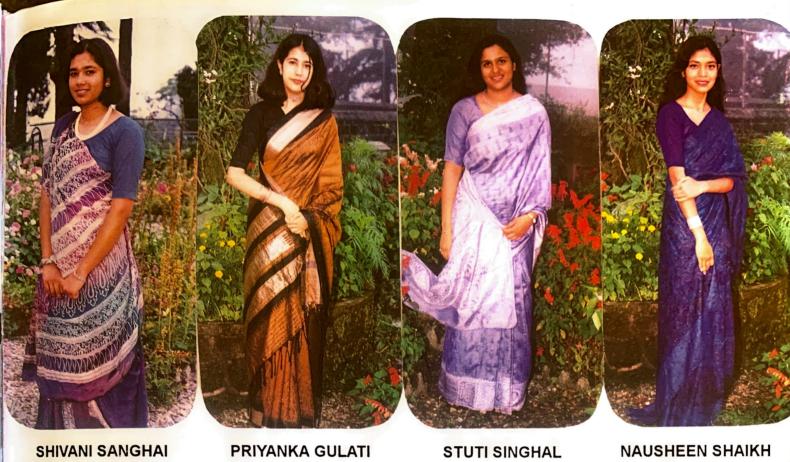


RITIKA PUJARI

SHRUTI CHAWLA

ANUSHREE GUPTA

SUPRIYA VARMA



PRIYANKA GULATI

STUTI SINGHAL

**NAUSHEEN SHAIKH** 



**SUVIDHA RAMNANI** 

**BHAVNA BHARDWAJ** 

**RESHMI SACHDEV** 

**ROLI JAIN** 



